

**February Fitness Challenge  
2009  
Results Booklet**



*“Always a challenge and always rewarding.”*  
*Vivian*

**Hosted  
by  
The Tualatin Hills Barracudas**



## Message from your February Fitness Coordinator



The 2009 February Fitness Challenge is now in the books. The Barracudas would like to thank all of you who participated this year. With the troubling times that are facing our country we had no idea of how many of you would be taking part this year. Although the

numbers are down slightly we are very pleased with the number of swimmers and the quality of their swims for the 2009 Challenge. Here are a few interesting statistics for you from the FFC this year. 74 swimmers swam 100,000 yards or more. 65 swimmers swam 27 or 28 days and 68 swimmers swam between 20 and 26 days. You great February Fitness "Frogs" swam 5,253 days and covered 11,515 miles and that all totals 20,266,370 yards. WOW!

Two new records were set this year. Congratulations to Lynn Kubasek with a new record of 633,600 yards in the Women's 50-54 Age Group. Jim Fitzpatrick tied the record set by Jim McConica in the Men's 50-54 age group when he swam 616,000 yards and became the Co-Record Holder. Congratulations for two outstanding swims.

Jon created one new file for this booklet. It is called "Improvement". If you entered with the same name as last year we have run comparisons to see how much you improved in yardage. It is real interesting. We hope you enjoy this new feature. We were sure impressed with the improvement shown.

We enjoyed the many notes and emails that we received. As always we welcome any new ideas to improve the FFC or create some interesting challenges within the FFC. Please send any ideas for 2010 to me ([dave@theradcliffs.com](mailto:dave@theradcliffs.com)).

Jon and Dave, your two coordinators for the FFC, would like you to know that putting on the February Fitness Challenge is much more than just a labor of love for us. It is something we both believe in strongly. To paraphrase that old saying about "Talking the walk and (not) walking the walk", we both not only "Talk the Swim but we Swam the Swim. We both did 28 days of swimming and we both went over 100,000 yards. When you believe in something it makes working for that belief a fun and rewarding challenge. We strongly agree with that great comment from Vivian that is highlighted on the Front Cover, "Always a Challenge and Always Rewarding". That was so true for this year.

Remember send any feedback or ideas to me.

Thanks, *Dave*

[dave@theradcliffs.com](mailto:dave@theradcliffs.com)

Dave Radcliff

5832 SE Woll Pond Way

Hillsboro, OR 97123

## Special Thanks

Jon Schieltz, our data whiz man, who always does such a great job. Jon was pleased to see more swimmers using the excel spread sheet he developed for the FFC. A funny story about the spread sheet - Jon's daughter is a coach and she and some of her swimmers were doing the FFC. She called up her Dad and said the spread sheet was not working. All the numbers she put in for her daily swims were always coming up red. Jon went through all the details with her and all of sudden she said: "Dad, I found the problem, I put down 1,000,000 for my goal instead of 100,000". Jon replied back: "that's pretty aggressive don't you think".

Nancy Radcliff, my wonderful wife, for proofing all the data and keeping me organized, focused and fed. Probably most of all for not kicking me out of the house during "crunch" time when I start to stress.

Our new web master - Erika Whyte for making the FFC so much easier to find on our web site and all the web posting and email work.

Jon Clark, our head coach, and the other Barracuda coaches who motivated us during the month of February.

Alison Moore and Katy Krup for a great logo for the T shirts, caps and printed material.

Printing Solutions, our printers, who are the greatest ladies to work with. They give us help and do a really quick turn around on all of our printing needs, which enables us to get the results to you much faster.

Katy at Elements-Graphics for a super quick turn around on the T shirts.

Every swimmer who entered the 2009 FFC. You are the reason we do it and we are grateful for your participation and look forward to seeing all of you in 2010.

## 2009 Fitness Feedback

**From Dave Klevinsky coach of the Wilkes Barre Family YMCA:** "Hello, our numbers are down this year due to a situation that is out of our hands, but we swam. Four of us decided to pop 100,000 yards this February Fitness 2009. Keith Augustine and I came up with the idea of banking and averaging yards. Knowing that we might get sick or something else might happen to oneself, we went for this strategy and it worked. We went beyond the 100,000 yard mark we set as a goal. There was another reason that our numbers were down this year, one of our swimmers Bruce Matus was struck down by a massive stroke. Last year, Bruce swam 14,925. Not bad for someone who only has the use of one side of his body. Bruce was born with cerebral palsey. Two years ago he came to the Y wearing a walking belt for water walking in the pool. From that beginning time he grew stronger and lost that water belt and began swimming. Not bad Bruce, not bad. We will see you next year, have a fast and healthy recovery."

**Lynn Kubasek, who set a new record of 633,6000 yards in the Womens 50-54 age group writes:** Dear FFC-ers, Thanks for hosting this event. This year's effort has been a completely different experience than last year. I set my goal much higher than last year 300 miles! (last year my goal was 100 miles) I had started planning my February with the intention of this being part of my training to swim the Catalina Channel.

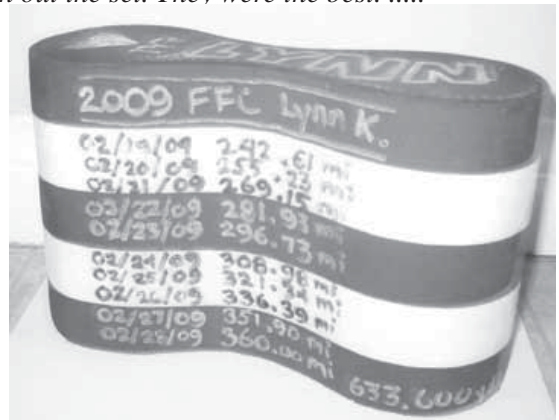
**Bad News:** I got laid off at the end of January. **Good News:** More time for swimming.

I will probably have to put my Catalina attempt off until next year unless I find a job soon. Fortunately I was all set for swim suits (thak you Zsu Zsi Stephanie!) So I dove right in full force! But now in retrospect, I probably wouldn't have made my first day my biggest ever.

**Good News:** I swam 37,000 yards my first day! (woo hoo! Catalina) **Bad News:** I strained my left triceps muscle the fourth day in. A physical therapist friend on my swim team (Irvine Novaquatics Masters) checked it out and reassured me it was nothing serious (thank you Julia!) Just ice it and take it easy. I modified my sets to include one-arm pulls and more kicking. After the sixth day I was pain free in that arm! It was neat to feel the pain diminish throughout the week and other pains just come and go, but I was still there swimming. It really made me aware of the temporary nature of things. I swam in 3 facilities: Novaquatics 73,350 yards (23.5 hours), 24 Hour Fitness 134,200 yards, (41.75 hours) and Laguna Beach Community Pool(LBCP) 426,050 yards, (127.5 hours).LBCP was awesome again and I deeply appreciate all the guards that let me do that extra 50, 100 or more to finish out the set. They were the best. ....

My toughest day, I was chased out of the pool for thunder. I found an indoor pool only to have to wait 20 minutes for an aqua-aerobics class. I only lasted 2 hours in that pool because the chemicals were so "off" my skin felt as if it was on fire and I couldn't stop sneezing. After that I remembered why I love Vaseline so much.

I saw Jim Fitzpatrick (FFC all-time record holder) a few lanes over at LBCP a few days. I have never seen him in a chlorine pool that I remember. Last year he did the first-ever channel swim from Catalina to Orange County and I remember him saying: "I'm not like this in real life". I thought that was the height of absurdity then, but I think I get a sense of this now, because I am not like this in real life. I don't expect to duplicate this effort next year as I hope to find a job by then. Thanks again!!! Lynn



Lynn's buoy with her distances

February Fitness Challenge  
16055 SW Walker Road #126  
Beaverton, OR 97006

We loved Lynn's Envelope which showed the ups and downs she faced during her challenging month.

**John Sfire, Coach of the Rochester Swim Club Orca Masters, the winning team, sent this great letter:** *“This year was going to be interesting for us. We had so much fun last year that I was not sure if we could match that same excitement. With one less day in February this year, what would it be like to swim less than last year? Worse yet, we lost over 500,000 yards to “move aways” or swimmers that could not participate from last year. So I did not push the team as much in the beginning. Just encouraged them to swim their best.*

*After the first week, I did not think we had a chance in hell to match last years total. It was a weak performance. But something happened in the second week, and over the middle weekend that seems to get us going. By the middle of the third week, we passed last years pace and I was thinking, well, maybe.*

*Every day people asked what we needed to do, every day we kept pace with 2008. On Thursday the 26th, we looked so good, like we had a chance, and then disaster struck. Bad, icy, weather kept the workout down to 9 swimmers. I sent an email out telling everyone what happened. What happened next, was amazing. They went out and swam for their team. At 8am we were 199,679 yards behind 2008, and by 6pm we were only 95,000 yards behind. With two days to go, we could not miss it, and we did not. Saturday was a great day, followed by breakfast to celebrate.*

*I’m just always amazed how much people want to be a part of something challenging. When it becomes a team challenge, it creates more interest, everyone wants to do their part and not let their friends down.*

*We will always enjoy the February Fitness Challenge not only because we have nothing else to do in the cold of our Minnesota winters, but it makes us get together once again and do what we all enjoy doing.*

*Thanks Dave and Tualatin Hills!”*

As always we are amazed by the trials and tribulations that many face during the month of February. For some it is weather and for others it is health but they always keep trying.

**Margaret Sandner writes:** *I developed a hernia, also had bursitis in my elbow. Was happy my doctor said I could wait to get the hernia repaired - that meant I could finish the challenge this year. It’s the first time I didn’t beat my previous year’s record, but I was just happy to finish with more than half of last year’s yardage. Thanks for continuing this challenge.*

**From Ed Borella:** *Fellow Swimmers: I am thrilled to be able to send you my results for the February Fitness Challenge, 2009. Two and a half months ago I had abdominal surgery....The surgery lasted 4 and a half hours and I was cut from below my belly button to the top of my breastbone. I also developed blood clots in both of my lungs. Fortunately my surgeon was the best in the Washington DC area and I was able to compete in your challenge like I have in the previous 5 years. I am sure the FFC was the reason I healed quickly and was able to swim so soon after surgery. Not my best distance but I am well satisfied with my results. Thanks again for a great event and allowing me to be a participant.*



**He wasn’t kidding**

**William Pearce sent this short note:** *A short note to thank you for all the hard work involved in the administration of the Challenge. Given the surprising number of people entered in years past, I cannot imagine what all goes on to sponsoring this international event.*

*Due to various colds, infections, etc., I did not get to spend as much time in the pool as last year. And, I was disappointed that I did not perform better when I was able. However, all that aside, I am looking forward to 2010 and the next year’s February Fitness Challenge. Keep up the good work!*

**Former Barracuda Kristi Panayotoff writes:** *Congratulations on doing a wonderful job on the FFC for ten years! ... I tried to swim everyday during February, but a huge dumping of heavy wet snow caused alot of power outages in Maine from branches/trees taking down power lines - including our Pen Bay YMCA, which was closed on Feb. 23 and 24.*

**Her Teammate Mary Thompson also wrote about the storm:** *... Our YMCA had no electricty due to a heavy, wet snowstorm of over 12 inches.*

**We will close this little section on health and weather with a brief note from Dr. John Shrum:** *Thanks for organizing this event, and making February a “training month’. I spent all month trying to keep up with my training partner, Shirley, but got further and further behind her each day! But it was fun, in a preverse sort of way.*

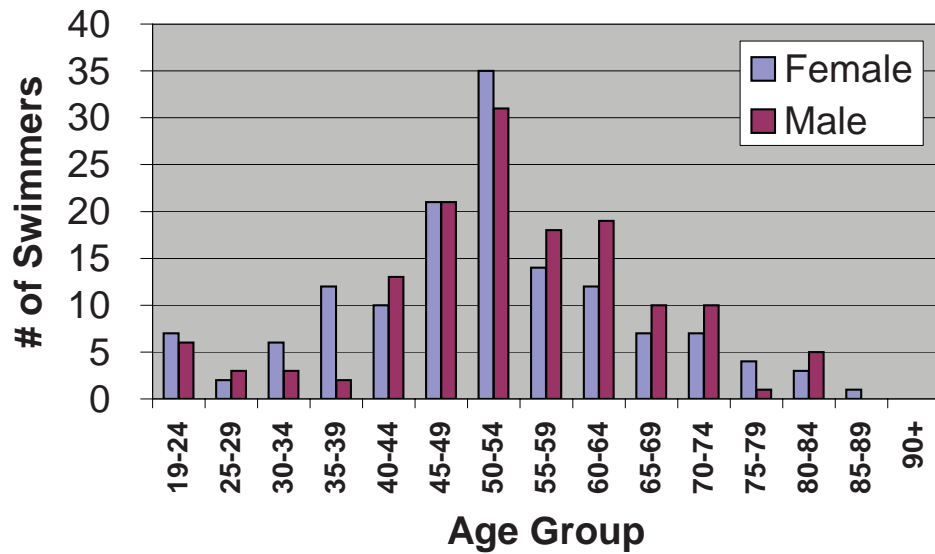
**Gayle Orner writes:** *Hi Dave and Company, I managed a few more yards this year, but not as many venue’s as last year. But I did manage two swims in our 45 degree Oregon Coast Aquarium exhibits. (This is the second year that Gail has swum with the “sea creatures” at the Oregon Coast Aquarium)*

We end this section with notes from two of our great older record holders, Jewell and Ian

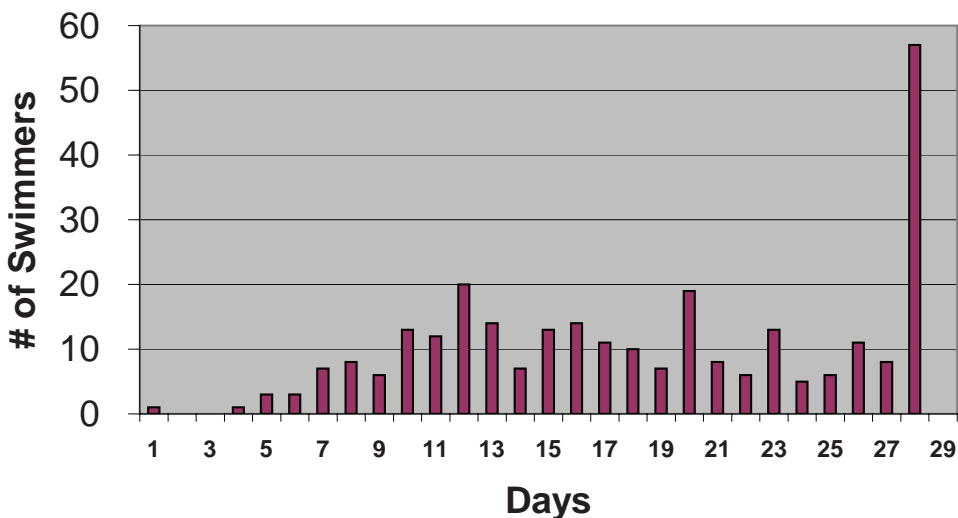
**Jewell writes:** *I said I was going to cut back and I did. I only swam 2 times a day except on Wed. and Fri. when I only swam 1 time a day. With age comes wisdom.*

**Ian (from Australia) sent this note:** *Dear Dave and fellow Barracudas, ...As stated by me, several times before, I regard your February Fitness Challenge as being one of the best in the World, mainly because of the daily grind for the entire 28 days of February, being so early in the year, which gets people in the right state of mind for the rest of the year. There's no doubt that swimming regularly is the best exercise our body can get and swimming each day will maintain great health and physical fitness. Please keep up your good work which is greatly appreciated by those who participate, especially in Australia.*

## PARTICIPANTS BY AGE GROUP



## DAYS SWAM BY SWIMMERS



## 2009 FFC Swim Stats

**Total Yards**  
20,266,370

**Total Mileage**  
11,515

**Average Yards**  
71,613

**Average Mileage**  
40.69

**Total Days**  
5,253

**Avg Days**  
18.6



## Top Teams



Teams	No. of Swimmers	Total Yards	Yards Per Swimmer	Miles Per Swimmer	Total Days	Avg Days Per Swimmer
Rochester ORCA Masters Team	45	2,600,374	57,786	32.83	736	16.36
Wildcat Masters	32	1,919,851	59,995	34.09	548	17.13
BAM	30	1,370,750	45,692	25.96	406	13.53
Wilkes Barre Family YMCA	18	849,725	47,207	26.82	310	17.22
Tualatin Hills Barracudas	13	927,610	71,355	40.54	265	20.38
RIO Mesa Masters Club	12	414,350	34,529	19.62	188	15.67
Indy Swim Fit	10	915,100	91,510	51.99	205	20.50
Oregon Reign Masters	7	632,283	90,326	51.32	153	21.86
ABC Swimming	5	733,400	146,680	83.34	120	24.00
Goshen College Masters	5	192,000	38,400	21.82	84	16.80
Durango Masters Swim Club	4	400,862	100,216	56.94	110	27.50
Illinois Valley YMCA Masters	3	136,825	45,608	25.91	51	17.00
Menlo Masters	3	254,000	84,667	48.11	60	20.00
No. Clackamas Masters Swimming	3	81,420	27,140	15.42	43	14.33
Brisbane Southside Masters	2	165,285	82,643	46.96	54	27.00
FACT	2	103,200	51,600	29.32	32	16.00
Bear Valley YMCA	1	53,000	53,000	30.11	20	20.00
Berkeley Aquatic Club Masters	1	29,500	29,500	16.76	9	9.00
Capo Masters	1	616,000	616,000	350.00	28	28.00
Central Oregon Masters Aquatics	1	162,000	162,000	92.05	28	28.00
Drake Aquatics	1	138,300	138,300	78.58	28	28.00
H2Ouston Swims	1	22,200	22,200	12.61	19	19.00
Irvine Novaquatic Masters	1	633,600	633,600	360.00	28	28.00
JCC Allentown, PA	1	20,400	20,400	11.59	10	10.00
Longhorn Aquatics	1	102,300	102,300	58.13	24	24.00
Low Country Masters	1	67,300	67,300	38.24	25	25.00
Maine Masters	1	26,550	26,550	15.09	10	10.00
MARS	1	58,600	58,600	33.30	21	21.00
Mastergators	1	100,920	100,920	57.34	21	21.00
Masters of Brazus	1	54,700	54,700	31.08	17	17.00
Maui Whaine	1	101,350	101,350	57.59	28	28.00
New England Masters	1	18,700	18,700	10.63	10	10.00
New Mexico Masters	1	261,600	261,600	148.64	28	28.00
Nickel City Splash Masters	1	44,700	44,700	25.40	26	26.00
Oregon	1	31,150	31,150	17.70	10	10.00
Rocklin Aquatic Masters	1	34,400	34,400	19.55	16	16.00
Skyview	1	33,450	33,450	19.01	12	12.00
SMAM	1	210,065	210,065	119.36	28	28.00
Solana Beach Swim Masters	1	42,150	42,150	23.95	15	15.00
Space Coast Masters	1	55,750	55,750	31.68	16	16.00
Topeka Masters	1	28,700	28,700	16.31	27	27.00
Ventura County Masters	1	100,000	100,000	56.82	20	20.00
Virginia Masters Swim Team	1	291,550	291,550	165.65	28	28.00
Weiss and Weiss Aquatics	1	72,000	72,000	40.91	16	16.00
Wisconsin Masters Aquatic Club	1	60,000	60,000	34.09	18	18.00
WMAC	1	110,900	110,900	63.01	28	28.00
YMCA - McHenry	1	22,300	22,300	12.67	17	17.00
No Team Listed	58	4,965,200	85,607	48.64	1,257	21.67
<b>Grand Total</b>	<b>283</b>	<b>20,266,370</b>	<b>71,613</b>	<b>40.69</b>	<b>5,253</b>	<b>18.56</b>



## 2009 February Fitness Challenge First Place Totals Through the Years



### 2009 February Fitness Challenge First Place Totals

#### First Place Totals: Women

Age Gp	1993	1994	1995	1996*	1997	1998	1999	2000*	2001	2002	2003	2004*	2005	2006	2007	2008*	2009
19-24	170,240	<b>193,435</b>	100,300	160,800	79,300	148,400	100,000	133,200	154,000	48,050	119,000	45,200	52,200	62,400	90,350	105,450	87,910
25-29	149,000	218,100	132,200	159,855	93,500	192,365	200,000	139,450	101,115	139,940	83,850	140,960	193,080	<b>238,500</b>	158,698	103,750	83,500
30-34	162,000	220,082	210,000	210,000	<b>256,000</b>	245,000	218,000	203,100	214,775	181,700	65,150	81,200	103,875	85,400	112,000	123,456	101,100
35-39	187,600	310,700	311,000	272,825	242,550	235,350	250,000	263,700	<b>418,400</b>	242,000	182,000	194,600	224,000	114,000	67,050	65,600	101,498
40-44	419,565	286,000	278,245	466,533	229,100	285,225	355,520	250,200	301,800	207,400	213,500	<b>486,800</b>	352,000	280,000	231,900	235,000	385,000
45-49	189,200	229,700	279,000	316,650	283,000	272,916	268,775	273,900	250,500	280,000	281,600	352,000	280,000	231,900	233,500	<b>422,577</b>	253,000
50-54	111,970	174,680	278,080	461,120	403,920	305,000	301,000	325,000	304,000	305,000	264,880	294,803	305,800	290,400	308,600	345,600	<b>633,600</b>
55-59	83,850	115,695	202,470	266,400	359,480	<b>406,560</b>	117,700	239,360	80,620	110,600	315,000	308,000	202,150	272,305	259,105	248,164	210,065
60-64	98,560	140,800	154,300	262,600	300,300	320,750	248,000	276,276	246,400	338,360	<b>390,720</b>	106,350	111,100	182,900	127,500	152,675	173,150
65-69	75,100	116,175	105,760	143,650	359,200	426,100	473,700	<b>515,800</b>	465,000	64,350	59,065	81,650	82,600	116,140	89,500	236,800	261,600
70-74	60,635	73,410	84,150	109,400	106,795	100,100	69,900	76,256	146,500	526,500	331,700	529,900	<b>601,650</b>	501,700	50,856	60,950	68,700
75-79	33,650	55,000	75,350	61,435	83,130	117,920	89,300	107,360	31,250	88,150	55,500	92,400	99,575	70,200	356,000	<b>364,000</b>	291,550
80-84	17,050	64,000	64,800	67,500	68,500	75,575	75,800	<b>106,825</b>	30,600	61,600	50,400	20,450	31,680	27,225	55,970	26,400	28,700
85-89				6,350	6,800	53,550	26,100	46,700	59,800	53,550	48,520	45,950	23,875	58,900	<b>123,300</b>	13,400	15,000
F90+											<b>3,900</b>	0	0	0	0	0	0

\* Leap Year

Record



## 2009 February Fitness Challenge First Place Totals Through the Years



### 2009 February Fitness Challenge First Place Totals

#### First Place Totals: Men

Age Grp	1993	1994	1995	1996*	1997	1998	1999	2000*	2001	2002	2003	2004*	2005	2006	2007	2008*	2009
19-24	53,100	93,025	140,800	<b>203,500</b>	10,000	0	75,000	90,900	189,880	0	142,560	0	38,060	22,600	64,500	120,800	121,100
25-29	165,025	154,000	600,533	<b>725,533</b>	260,000	135,000	57,200	129,000	230,800	81,800	27,725	100,500	203,000	165,070	113,050	116,090	116,270
30-34	183,700	203,555	303,333	166,000	303,401	220,050	305,000	258,025	254,062	<b>353,000</b>	300,000	55,750	136,500	42,900	71,700	130,500	153,300
35-39	252,220	276,650	261,400	261,200	251,300	272,400	377,000	<b>541,000</b>	176,000	254,600	301,157	263,000	250,500	101,600	175,680	134,970	100,920
40-44	131,100	393,700	169,500	381,200	420,000	271,040	249,600	159,800	406,300	380,050	<b>456,700</b>	177,800	140,275	201,200	103,700	200,006	169,500
45-49	241,716	425,040	451,850	277,150	630,100	365,700	339,680	<b>761,000</b>	220,000	221,320	366,000	215,510	467,000	201,815	311,520	234,156	138,300
50-54	178,650	227,700	215,100	352,960	320,250	182,000	227,500	250,850	134,025	264,000	440,000	528,000	<b>616,000</b>	152,400	190,000	179,465	<b>616,000</b>
55-59	213,200	<b>575,000</b>	261,400	180,000	228,990	255,600	243,900	202,400	219,395	231,660	144,300	202,400	141,100	167,200	275,500	209,000	239,829
60-64	227,700	376,750	246,400	288,451	330,000	259,926	214,515	120,340	143,200	154,900	421,605	103,000	427,725	204,955	200,860	<b>443,920</b>	300,300
65-69	70,600	107,100	67,600	152,000	164,000	176,575	148,215	202,565	207,556	352,820	185,850	202,500	172,317	130,800	<b>545,600</b>	262,421	282,000
70-74	64,350	96,000	125,525	<b>297,000</b>	110,950	77,800	81,250	89,675	133,045	144,300	72,600	159,800	202,600	222,750	113,100	183,425	150,375
75-79	56,550	140,400	295,025	<b>396,000</b>	104,050	239,500	125,400	136,100	154,000	180,400	215,600	207,350	65,670	60,145	63,345	89,917	35,650
80-84	50,805	46,340	59,030	69,600	96,000	108,350	<b>181,000</b>	27,000	28,545	93,950	113,200	38,350	<b>181,000</b>	157,300	154,000	116,000	123,200
85-89		53,100	48,225	0	27,920	25,736	67,700	79,500	<b>82,650</b>	26,000	34,900	24,550	0	0	0	0	0
M90+												37,700	<b>41,250</b>	0	28,000	0	0

\* Leap year

Record



## Age Group Results Women



### Women 19-24

**193,435 yards, Kerrie Wolnik, 22, West Chester OH 2/94**

Pl	Name	Age	City/State/Country	Yards	Miles
1	Christine Somera	23F	Gresham, OR USA	87,910	49.95
2	Kristin Bernardski	20F	Lexington, KY USA	60,400	34.32
3	Cali Schultz	24F	Rochester, MN USA	32,550	18.49
4	Katie Bjerkness	24F	Rochester, MN USA	27,900	15.85
5	Kate Thompson	24F	Rochester, MN USA	21,100	11.99
6	Beth Youngers	24F	Rochester, MN USA	6,400	3.64
7	Caitlin Dunemann	20F	Rochester, MN USA	4,800	2.73

### Women 25-29

**238,500 yards, Kathleen Davison, 27, Reston, VA 2/06**

Pl	Name	Age	City/State/Country	Yards	Miles
1	Beth Atnip	29F	Lexington, KY USA	83,500	47.44
2	Tiffany Day	28F	Santa Paula, CA USA	30,050	17.07

### Women 30-34

**258,000 yards, Trisha Commons, 32, Thousand Oakes CA 2/97**

Pl	Name	Age	City/State/Country	Yards	Miles
1	Saori Hanaki-Martin	34F	Lexington, KY USA	101,100	57.44
2	Suzanne Schieltz	34F	Durango, CO USA	100,200	56.93
3	Elizabeth Harrison	34F	Portland, OR USA	76,000	43.18
4	Tamara Tulou	34F	Bainbridge Island, WA USA	48,000	27.27
5	Francesca Genovese-Finch	34F	Portland, OR USA	30,100	17.10
6	Julie Soltys	30F	North Plainfield, NJ USA	29,500	16.76

### Women 35-39

**418,400 yards, Dawn Bergeson, 39, Cottonwood MN 2/01**

Pl	Name	Age	City/State/Country	Yards	Miles
1	Megan Lassen	38F	Portland, OR USA	101,498	57.67
2	Deanna Lin	39F	Menlo Park, CA USA	100,500	57.10
3	Alison Moore	38F	Gainsville, VA USA	67,000	38.07
4	Susie Young	39F	Portland, OR USA	53,800	30.57
5	Ann Marie Dias	39F	Elkhart, IN USA	48,400	27.50
6	Christy Beal	36F	Woodbury Heights, NJ USA	43,044	24.46
7	Cynthia Bennett	36F	Lexington, KY USA	33,451	19.01
8	Nina Wolgelenter	38F	Lexington, KY USA	27,200	15.45
9	Gretchen Gende	39F	Bainbridge Island, WA USA	22,350	12.70
10	Elizabeth Blower	36F	Allentown, PA USA	21,500	12.22
11	Sandra Trocki	39F	Edwardsville, PA USA	18,300	10.40
12	Lalitha Sarada	37F	Dallas, PA USA	4,125	2.34

### Women 40-44

**486,800 yards, Dawn Bergeson, 42, Cottonwood MN 2/04**

Pl	Name	Age	City/State/Country	Yards	Miles
1	Karla Phillips	44F	Mount Juliet, TN USA	385,000	218.75
2	Pam Kimmel	44F	Versailles, KY USA	81,300	46.19
3	Robin Segnitz	41F	Lexington, KY USA	70,200	39.89
4	Annette Zuccolillo	43F	Durango, CO USA	70,087	39.82
5	Tricia Mercill	40F	Rochester, MN USA	59,334	33.71
6	Kristy Lawson	43F	Ottawa, IL USA	51,700	29.38
7	Kate Carr	42F	Bainbridge Island, WA USA	39,650	22.53

8	Lisa Wittmer	41F	Edina, MN USA	31,200	17.73
8	Lisa Wittmer	41F	Rochester, MN USA	31,200	17.73
10	Amy Anderson	44F	Rochester, MN USA	28,800	16.36

#### Women 45-49

**422,577 yards, Lynn Kubasek, 49, Laguna Beach CA 2/08**

Pl	Name	Age	City/State/Country	Yards	Miles
1	Barbara Hewitt	49F	Lakewood, CO USA	253,000	143.75
2	Paula J. Gaynor	48F	Indianapolis, IN USA	176,300	100.17
3	Kelly French	46F	Rochester, MN USA	156,678	89.02
4	Joni Young	47F	Salem, OR USA	125,500	71.31
5	Patricia Rogers	49F	Oregon City, OR USA	102,150	58.04
6	Becky Britton	48F	Rochester, MN USA	82,350	46.79
7	Gayle Orner	46F	Corvallis, OR USA	76,325	43.37
8	Sallie Perkins	48F	Rochester, MN USA	64,875	36.86
9	Rosie Hillmeyer	45F	Lexington, KY USA	46,750	26.56
10	Elizabeth Barrett	47F	Winchester, KY USA	41,600	23.64
11	Lynne Gallivan	47F	Bainbridge Island, WA USA	38,850	22.07
12	Lisa Claesson-Gordon	46F	Bainbridge Island, WA USA	35,100	19.94
13	Graciela Porraz-Capetillo	47F	Rochester, MN USA	32,200	18.30
14	Arlene Delmage	46F	Vancouver, WA USA	31,150	17.70
15	Marcy Ross	48F	Reno, NV USA	28,600	16.25
16	Mary Thompson	49F	Union, ME USA	26,550	15.09
17	Carol Karnes	49F	Rochester, MN USA	25,650	14.57
18	Dana Scruggs	49F	Indianapolis, IN USA	24,600	13.98
19	Cynthia Ruggiero	45F	Bainbridge Island, WA USA	22,800	12.95
20	Margery Ricards	49F	Ventura, CA USA	17,650	10.03
21	Jean Flack	49F	Dallas, PA USA	17,500	9.94

### Congratulations to Lynn- New February Fitness Record

#### Women 50-54

**633,600 yards, Lynn Kubasek, 50, Laguna Beach CA 2/09**

Pl	Name	Age	City/State/Country	Yards	Miles
1	Lynn Kubasek	50F	Laguna Beach, CA USA	633,600	360.00
2	Maureen Rohrs	53F	Severna Park, MD USA	178,200	101.25
3	Elizabeth Foland	53F	Carmel, IN USA	154,700	87.90
4	Heather Adkins-Narte	54F	Bainbridge Island, WA USA	136,275	77.43
5	Pat Pallotta	52F	Crofton, MD USA	130,500	74.15
6	Jeannette Rein	52F	Singleton, W Australia,	115,390	65.56
7	Ellen Youngers	51F	Oronoco, MN USA	105,300	59.83
8	Rosanna Sikora	53F	Morgantown, WV USA	103,600	58.86
9	Nancy Kryka	53F	Rochester, MN USA	92,130	52.35
10	Amy Waltch	51F	Lincoln, MA USA	71,300	40.51
11	Mary Gray	51F	Mantorville, MN USA	70,600	40.11
12	Mary Ann Getty	50F	Lexington, KY USA	62,100	35.28
13	Alison Craig	51F	Bainbridge Island, WA USA	60,200	34.20
14	Martha Oppeneer	51F	Racine, WI USA	60,000	34.09
15	Cheryl Gettelfinger	51F	Carmel, IN USA	58,600	33.30
16	Judy Johnson	50F	Brisbane, QLD Australia	55,160	31.34
17	Janice Kregor	52F	Lexington, KY USA	55,000	31.25
18	Ann Marmesh	53F	Bainbridge Island, WA USA	51,000	28.98
19	Mary Gregg	50F	Camarillo, CA USA	44,200	25.11
20	Toby Petty	52F	Ventura, CA USA	44,000	25.00
21	Irene Meyer	52F	Rochester, MN USA	41,200	23.41
22	Tricia Calvert	51F	Lexington, KY USA	41,150	23.38
23	Lisa Kromka	50F	Camarillo, CA USA	40,400	22.95
24	Linda Warren	51F	Bainbridge Island, WA USA	40,000	22.73
25	Lynn Thompson	50F	Gresham, OR USA	39,175	22.26

26	Martha McMahon	52F	Woolford, MD USA	39,000	22.16
27	Mimi Ward	50F	Shelbyville, KY USA	37,450	21.28
28	Gretel Compton	52F	Camarillo, CA USA	34,050	19.35
29	Paula Pavelco	50F	Slatington, PA USA	20,400	11.59
30	Charity Floen	50F	Rochester, MN USA	19,500	11.08
31	Charmayne Julius	50F	Swoyersville, PA USA	11,700	6.65
32	Maren Breitwieser	54F	Indianapolis, IN USA	10,300	5.85
33	Karen Eady	51F	Bainbridge Island, WA USA	8,050	4.57
34	Laurie Hohwald	54F	Cherry Hill, NJ USA (entered days)		0.00
35	Deborah Muench	51F	Nanticoke, PA USA (entered days)		0.00

#### Women 55-59

**406,560 yards, Claire Leifer, 56, Dix Hills NY 2/98**

Pl	Name	Age	City/State/Country	Yards	Miles
1	Shirley Loftus-Charley	57F	Afton, VA USA	210,065	119.36
2	Rita Belserene	57F	Bainbridge Island, WA USA	153,000	86.93
3	Andrea Harris	59F	Pukalani, HI USA	101,350	57.59
4	Margaret Sandner	58F	Morrison, CO USA	75,300	42.78
5	Donna Schubkegel	56F	Austin, TX USA	72,000	40.91
6	Jane Moore	58F	Tacoma, WA USA	58,566	33.28
7	Kim Williams	56F	Bainbridge Island, WA USA	39,200	22.27
8	Sheryl Somers	56F	Bainbridge Island, WA USA	36,700	20.85
9	Jan Ringo	56F	Bainbridge Island, WA USA	33,500	19.03
10	Colleen Farnham	56F	Walla Walla, WA USA	30,238	17.18
11	Kathy Holter	57F	South Park, PA USA	30,000	17.05
12	Linda Wainio	55F	Maplewood, MN USA	22,100	12.56
13	Anne Voegtlen	58F	Bainbridge Island, WA USA	21,650	12.30
14	Mary Kraft	56F	Rochester, MN USA	19,025	10.81

#### Women 60-64

**390,720 yards, Carlita 'Lee' Durand, 64, San Diego CA 2/03**

Pl	Name	Age	City/State/Country	Yards	Miles
1	Kirsten Beeler	62F	Carmel, IN USA	173,150	98.38
2	Barbara Larsen	61F	Rochester, MN USA	162,025	92.06
3	Sally Marshall	60F	Larkspur, CA USA	116,710	66.31
4	Kristi Panayotoff	60F	Lincolville, ME USA	79,100	44.94
5	Meegan Wilson	60F	Gainesville, FL USA	60,150	34.18
6	Judy B, Wagner	64F	College Station, TX USA	54,700	31.08
7	Ginger Pierson	62F	Vancouver, WA USA	49,950	28.38
8	Jane Cobos	63F	Bryan, TX USA	28,400	16.14
9	Helena Robinson	61F	Arundel, West Sussex, England	23,850	13.55
10	Angela de Oliveira	62F	Bainbridge Island, WA USA	18,650	10.60
11	Sandy Bratz	61F	Bainbridge Island, WA USA	17,650	10.03
12	Julie Shryock	62F	Rolling Bay, WA USA	15,100	8.58

#### Women 65-69

**515,800 yards, Jewell Grigsby-Martin, 68, Stafford VA 2/00**

Pl	Name	Age	City/State/Country	Yards	Miles
1	Vivian Reinikainen	66F	Santa Fe, NM USA	261,600	148.64
2	Amy Johnson	67F	Buffalo, NY USA	44,700	25.40
3	Lillie Thompson	67F	Austin, TX USA	37,950	21.56
4	Jeanette Bello	65F	Milwaukie, OR USA	29,100	16.53
5	Tita Arnold	67F	Lexington, KY USA	21,500	12.22
6	Linda Dillon	68F	Lakewood, CO USA	18,200	10.34
7	Patty Hutchings	67F	Rochester, MN USA	10,560	6.00

#### Women 70-74

**601,650 yards, Jewell Grigsby-Martin, 73, Stafford VA 2/05**

Pl	Name	Age	City/State/Country	Yards	Miles
1	Beverly Underwood	74F	Ottawa, IL USA	68,700	39.03
2	Susan Bradley-Cox	71F	Lexington, KY USA	52,750	29.97

3	Helen Holmes	74F	Brisbane, QLD Australia	42,085	23.91
4	Geraldine Kawabata	74F	Beaverton, OR USA	38,200	21.70
5	Nancy L. Kelley	70F	Rocklin, CA USA	34,400	19.55
6	Betty Harris	74F	Soldotna, AK USA	30,450	17.30
7	Marge Carhart	72F	Island Lake, IL USA	13,058	7.42

#### Women 75-79

**364,000 yards, Jewell Grigsby-Martin, 76, Stafford VA 2/08**

Pl	Name	Age	City/State/Country	Yards	Miles
1	Jewell Grigsby-Martin	77F	Stafford, VA USA	291,550	165.65
2	D. J. Murray	79F	Hilton Head Island, SC USA	67,300	38.24
3	Lois Madsen	76F	Lakewood, IL USA	22,300	12.67
4	Joan Lovat Smith	78F	Bainbridge Island, WA USA	13,350	7.59

#### Women 80-84

**106,825 yards, Bessie Neff, 84, Sunbury PA 2/00**

Pl	Name	Age	City/State/Country	Yards	Miles
1	Jeane Gruender	80F	Topeka, KS USA	28,700	16.31
2	Ruth Wilhelmy	82F	Annapolis, MD USA	24,400	13.86
3	Marie Brown	84F	Nashua, NH USA	18,700	10.63

#### Women 85-89

**123,300 yards, Judy Melcher, 86, Beaverton OR 2/07**

Pl	Name	Age	City/State/Country	Yards	Miles
1	Elfie Stevenin	87F	Salem, OR USA	15,000	8.52

#### Women 90+

**3900 yards, Dorthea Clayton, 90, Muncie IN 2/03**



### Age Group Results Men



#### Men 19-24

**203,500 yards, Brad Boekes, 21, Fargo ND 2/96**

Pl	Name	Age	City/State/Country	Yards	Miles
1	Tony White	24M	Corbin, KY USA	121,100	68.81
2	Kyle Jonas	20M	Lexington, KY USA	100,000	56.82
3	Zach Bunker	19M	Oxnard, CA USA	51,600	29.32
4	Ian Baker	22M	Lexington, KY USA	33,050	18.78
5	Justin Osborne	20M	Camarillo, CA USA	25,250	14.35
6	Wyatt Byrne	21M	Rochester, MN USA	3,750	2.13

#### Men 25-29

**725,533 yards, Tom McCrae, 28, Menlo Park CA 2/96**

Pl	Name	Age	City/State/Country	Yards	Miles
1	Jason Troutman	28M	Alburtis, PA USA	116,270	66.06
2	David Kuendig	28M	Lexington, KY USA	73,500	41.76
3	Alex Hooke	25M	Rochester, MN USA	33,700	19.15

#### Men 30-34

**353,000 yards, Mike Hall, Terre Haute IN 2/02**

Pl	Name	Age	City/State/Country	Yards	Miles
1	Will Simmons	33M	Indianapolis, IN USA	153,300	87.10
2	Eric Atnip	32M	Lexington, KY USA	130,200	73.98
3	Brian Bill	30M	Rochester, MN USA	19,600	11.14

**Men 35-39****541,000 yards, Chris Shoup, 38, Conyers GA 2/00**

Pl	Name	Age	City/State/Country	Yards	Miles
1	Brendan Kelly	35M	Charlottesville, VA USA	100,920	57.34
2	David Cuthbert	35M	Bainbridge Island, WA USA	10,500	5.97

**Men 40-44****456,700 yards, James Begly, 42, Goshen IN 2/03**

Pl	Name	Age	City/State/Country	Yards	Miles
1	Timothy P. Waud	41M	Oregon City, OR USA	169,500	96.31
2	Robert Higley	43M	Bend, OR USA	162,000	92.05
3	Matthew Marcy	41M	Annapolis, MD USA	100,000	56.82
4	Jeff Hayslett	41M	Lexington, KY USA	84,800	48.18
5	Bob Albright	43M	Rochester, MN USA	83,300	47.33
6	Scott Woodbury	42M	Beaverton, OR USA	80,121	45.52
7	Brian Young	41M	Portland, OR USA	38,650	21.96
8	Kiaran McGee	43M	Rochester, MN USA	38,000	21.59
9	Jon Schultz	41M	Rochester, MN USA	37,000	21.02
10	Kyle Kersey	44M	Milwaukie, OR USA	34,320	19.50
11	Steve Guipe	41M	Goshen, IN USA	33,100	18.81
12	Brian Pittner	43M	Rochester, MN USA	30,700	17.44
13	Curt Lawson	42M	Ottawa, IL USA	28,825	16.38

**Men 45-49****761,000 yards, Jim Fitzpatrick, 45, Laguna Niguel CA 2/00**

Pl	Name	Age	City/State/Country	Yards	Miles
1	Utley Noble	45M	Arrington, TN USA	138,300	78.58
2	John Gadbois	49M	Durango, CO USA	130,500	74.15
3	Jim Fofler	45M	Rochester, MN USA	120,000	68.18
4	Mark Naperkowski	48M	Ashley, PA USA	101,850	57.87
5	Richard Knowles	47M	Temperance, MI USA	100,800	57.27
6	Scott Marshall	47M	Menlo Park, CA USA	100,500	57.10
7	David Hathaway	48M	Portland, OR USA	82,100	46.65
8	Lyle Grosbach	48M	Rochester, MN USA	74,200	42.16
9	Art Simuro	46M	Plainview, NY USA	66,200	37.61
10	Robert Carter	45M	Arlington, TX USA	58,600	33.30
11	Bill Heinrich	47M	Hennepin, IL USA	56,300	31.99
12	Ringo Ginter	45M	Denver, CO USA	56,000	31.82
13	Pete Turner	49M	Palm Bay, FL USA	55,750	31.68
14	Al Humphrey	49M	Emerald Hills, CA USA	53,000	30.11
15	Philip Cuff	49M	Lindenhurst, NY USA	51,305	29.15
16	Timothy Kirby	47M	McMinnville, OR USA	46,050	26.16
17	Wade Taylor	47M	Poulsbo, WA USA	32,100	18.24
18	John Heinzl	47M	Port Hueneme, CA USA	32,050	18.21
19	James David Leonard	49M	Goshen, IN USA	25,850	14.69
20	Mike Tomalis	46M	Harveys Lake, PA USA	19,100	10.85
21	Oren Thomas Bergfald	45M	Milwaukie, OR USA	18,000	10.23

**Congratulations to Jim F. - Ties February Fitness Record**

**Men 50-54****616,000 yards, Jim McConica, 54, Ventura CA 2/05 and Jim Fitzpatrick, 54, Laguna Niguel, CA 2/09**

Pl	Name	Age	City/State/Country	Yards	Miles
1	Jim Fitzpatrick	54M	Laguna Niguel, CA USA	616,000	350.00
2	Keith Augustine	52M	Shavertown, PA USA	178,900	101.65
3	Jim Stewart	52M	Rochester, MN USA	129,925	73.82
4	David Cook	50M	Rochester, MN USA	128,625	73.08
5	Frank Hughes	52M	Kingston, PA USA	125,000	71.02

6	Murray Scott	53M	Collierville, TN USA	106,100	60.28
7	Brian Wille	50M	St. Paul, MN USA	81,000	46.02
8	Jim White	50M	Portland, OR USA	72,095	40.96
9	James Brent	54M	Oak Ridge, TN USA	71,580	40.67
10	Michael Bernstein	52M	Indianapolis, IN USA	66,300	37.67
11	Wilk West	53M	Collierville, TN USA	66,000	37.50
12	Bryan Johnson	54M	Indianapolis, IN USA	65,650	37.30
13	Tom Evans	53M	Versailles, KY USA	62,000	35.23
14	Tom Jaeger	50M	Rochester, MN USA	56,532	32.12
15	Steve Erickson	54M	Ojai, CA USA	50,150	28.49
16	Greg Anshus	52M	Rochester, MN USA	48,650	27.64
17	Peter Brooks	54M	Rochester, MN USA	45,350	25.77
18	David Groisser	52M	Gainesville, FL USA	43,050	24.46
19	George VanMeter	53M	Lexington, KY USA	42,600	24.20
20	Jeff Hager	52M	Camarillo, CA USA	39,550	22.47
21	Mike Joyner	50M	Rochester, MN USA	39,000	22.16
22	Tom Maheady	51M	Wyoming, PA USA	34,400	19.55
23	Phil Hood	51M	Goshen, IN USA	31,500	17.90
24	Con McCole	50M	Wilkes-Barre, PA USA	21,400	12.16
25	Ben Davis	50M	Lexington, KY USA	19,000	10.80
26	Joe Yasechak	52M	Wilkes-Barre, PA USA	18,000	10.23
27	Mark Hagen	51M	Rochester, MN USA	17,800	10.11
28	Garry Taroli	54M	Dallas, PA USA	14,000	7.95
29	Jeff Allman	54M	Rochester, MN USA	12,500	7.10
30	John Sfire	54M	Rochester, MN USA	5,300	3.01
31	Philip Gottling	53M	Honolulu, HI USA (entered days)		0.00

#### Men 55-59

**575,000 yards, Kent Price, 56, Palo Alto CA 2/94**

Pl	Name	Age	City/State/Country	Yards	Miles
1	Curtis Barteau	56M	Sedlen, NY USA	239,829	136.27
2	David Klevinsky	58M	Hanover TWP, PA USA	166,500	94.60
3	Michael P. Carew	59M	Bend, OR USA	151,160	85.89
4	Kennard Goodman	55M	Bainbridge Island, WA USA	134,100	76.19
5	Steve Justinger	56M	Madison, WI USA	110,900	63.01
6	David Lewis	57M	Indianapolis, IN USA	105,700	60.06
7	Allan Thorpe	59M	Bainbridge Island, WA USA	105,600	60.00
8	Jim Teisher	59M	Beaverton, OR USA	105,093	59.71
9	Perry Heath	59M	Indianapolis, IN USA	102,800	58.41
10	John Voss	59M	Lexington, KY USA	101,000	57.39
11	John Simons	57M	Durango, CO USA	100,075	56.86
12	Jim McConica	58M	Ventura, CA USA	100,000	56.82
13	Dallas Figley	56M	Woodburn, OR USA	74,900	42.56
14	Ed Borella	58M	Rockville, MD USA	57,700	32.78
15	Barney Voegtlen	59M	Silverdale, WA USA	41,700	23.69
16	Joe Wyatt	59M	Beaverton, OR USA	40,200	22.84
17	Joe Persico	58M	Shavertown, PA USA	40,000	22.73
18	Michael Reder	55M	East Rockaway, NY USA	24,150	13.72

#### Men 60-64

**443,920 yards, Michael Nasta, 61, East Meadow NY 2/08**

Pl	Name	Age	City/State/Country	Yards	Miles
1	Andrew Grannell	61M	Annapolis, MD USA	300,300	170.63
2	Michael Nasta	62M	East Meadow, NY USA	274,560	156.00
3	Jack D. Leake, Jr.	61M	Collierville, TN USA	176,000	100.00
4	William Greeley	62M	Golden, CO USA	150,100	85.28
5	John Shrum	60M	Charlottesville, VA USA	150,050	85.26
6	Steve Benson	62M	Rochester, MN USA	133,125	75.64
7	George Nelson	63M	Kirkwood, MO USA	131,233	74.56
8	Michael Harris	61M	Austin, TX USA	102,300	58.13

9	David Head	60M	Portland, OR USA	81,500	46.31
10	Edward Price	64M	Cold Spring Harbor, NY USA	74,000	42.05
11	William Malone	60M	Goshen, IN USA	53,150	30.20
12	John Anderson	60M	Bainbridge Island, WA USA	50,200	28.52
13	Thomas Hinds	61M	Solana Beach, CA USA	42,150	23.95
14	Mike Bridges	61M	Ventura, CA USA	40,900	23.24
15	Michael Kerwin	63M	Lexington, KY USA	33,000	18.75
16	John Taylor	64M	Lexington, KY USA	27,200	15.45
17	Howard Levinson	60M	Dallas, PA USA	16,850	9.57
18	Robert Yenney	61M	Ventura, CA USA	5,400	3.07
19	Stan Dudek	60M	Larksville, PA USA (entered days)		0.00

#### Men 65-69

**545,600 yards, Kent Price, 68, San Carlos CA 2/07**

Pl	Name	Age	City/State/Country	Yards	Miles
1	Vince Herring	66M	Rochester, MN USA	282,000	160.23
2	David Burgio	65M	Lexington, KY USA	85,250	48.44
3	Grayson Marshall	66M	Larkspur, CA USA	77,200	43.86
4	William Strum	65M	Lexington, KY USA	76,600	43.52
5	David Arlander	68M	Rochester, MN USA	63,300	35.97
6	Will Dannert	69M	Kingston, PA USA	62,100	35.28
7	Ron Johannsen	66M	Rochester, MN USA	46,100	26.19
8	Dennis Sawyer	65M	Seabeck, WA USA	28,675	16.29
9	Harvey Hutchings	68M	Rochester, MN USA	26,540	15.08
10	Bill Pearce	68M	Houston, TX USA	22,200	12.61

#### Men 70-74

**297,000 yards, Virgil Young, 71, Hannibal MO 2/96**

Pl	Name	Age	City/State/Country	Yards	Miles
1	Jon Schieltz	70M	Beaverton, OR USA	150,375	85.44
2	David Radcliff	74M	Hillsboro, OR USA	121,276	68.91
3	Kent Price	70M	San Carlos, CA USA	100,320	57.00
4	Will Moser	74M	Racine, WI USA	89,550	50.88
5	James Bowditch	71M	Bainbridge Island, WA USA	42,600	24.20
6	Bill Steinke	74M	Poulsbo, WA USA	41,000	23.30
7	Joe Oakes	74M	Portland, OR USA	40,200	22.84
8	Tom Dwinell	73M	Soldotna, AK USA	33,450	19.01
9	Roger Brockenbrough	74M	Pittsburgh, PA USA	24,800	14.09
10	Joe Wilson	74M	Lexington, KY USA	24,300	13.81

#### Men 75-79

**396,000 yards, Richard Taylor, 78, Levittown PA 2/96**

Pl	Name	Age	City/State/Country	Yards	Miles
1	Michael Harris	75M	Soldotna, AK USA	35,650	20.26

#### Men 80-84

**181,000 yards, Brothers Harry 2/99 and Ian Redpath 2/05, 80, Brisbane, QLD, Australia**

Pl	Name	Age	City/State/Country	Yards	Mile
1	Ian Redpath	84M	Brisbane, QLD, Australia	123,200	70.00
2	Stanley Jacobs	80M	Brisbane, QLD Australia	113,932	64.73
3	John Murphy	80M	Massapequa Park, NY USA	100,320	57.00
4	Chuck Harbaugh	80M	Lakewood, CO USA	53,000	30.11
5	George Roudebush	83M	Bainbridge Island, WA USA	33,200	18.86

#### Men 85-89

**82,650 yards, Gene Crossett, 87, Seattle WA 2/01**

#### Men 90+

**41,250 yards, Gene Crossett, 91, Seattle WA 2/05**



## Overall Results: Yardage



Overall Place	Name	Age/ Gender	City/State/Country	Yards	Miles	Gender Place	Age Grp Place
1	Lynn Kubasek	50F	Laguna Beach, CA USA	633,600	360.00	1	1
2	Jim Fitzpatrick	54M	Laguna Niguel, CA USA	616,000	350.00	1	1
3	Karla Phillips	44F	Mount Juliet, TN USA	385,000	218.75	2	1
4	Andrew Grannell	61M	Annapolis, MD USA	300,300	170.63	2	1
5	Jewell Grigsby-Martin	77F	Stafford, VA USA	291,550	165.65	3	1
6	Vince Herring	66M	Rochester, MN USA	282,000	160.23	3	1
7	Michael Nasta	62M	East Meadow, NY USA	274,560	156.00	4	2
8	Vivian Reinikainen	66F	Santa Fe, NM USA	261,600	148.64	4	1
9	Barbara Hewitt	49F	Lakewood, CO USA	253,000	143.75	5	1
10	Curtis Barteau	56M	Sedlen, NY USA	239,829	136.27	5	1
11	Shirley Loftus-Charley	57F	Afton, VA USA	210,065	119.36	6	1
12	Keith Augustine	52M	Shavertown, PA USA	178,900	101.65	6	2
13	Maureen Rohrs	53F	Severna Park, MD USA	178,200	101.25	7	2
14	Paula J. Gaynor	48F	Indianapolis, IN USA	176,300	100.17	8	2
15	Jack D. Leake, Jr.	61M	Collierville, TN USA	176,000	100.00	7	3
16	Kirsten Beeler	62F	Carmel, IN USA	173,150	98.38	9	1
17	Timothy P. Waud	41M	Oregon City, OR USA	169,500	96.31	8	1
18	David Klevinsky	58M	Hanover TWP, PA USA	166,500	94.60	9	2
19	Barbara Larsen	61F	Rochester, MN USA	162,025	92.06	10	2
20	Robert Higley	43M	Bend, OR USA	162,000	92.05	10	2
21	Kelly French	46F	Rochester, MN USA	156,678	89.02	11	3
22	Elizabeth Foland	53F	Carmel, IN USA	154,700	87.90	12	3
23	Will Simmons	33M	Indianapolis, IN USA	153,300	87.10	11	1
24	Rita Belserene	57F	Bainbridge Island, WA USA	153,000	86.93	13	2
25	Michael P. Carew	59M	Bend, OR USA	151,160	85.89	12	3
26	Jon Schieltz	70M	Beaverton, OR USA	150,375	85.44	13	1
27	William Greeley	62M	Golden, CO USA	150,100	85.28	14	4
28	John Shrum	60M	Charlottesville, VA USA	150,050	85.26	15	5
29	Utley Noble	45M	Arrington, TN USA	138,300	78.58	16	1
30	Heather Adkins-Narte	54F	Bainbridge Island, WA USA	136,275	77.43	14	4
31	Kennard Goodman	55M	Bainbridge Island, WA USA	134,100	76.19	17	4
32	Steve Benson	62M	Rochester, MN USA	133,125	75.64	18	6
33	George Nelson	63M	Kirkwood, MO USA	131,233	74.56	19	7
34	Pat Pallotta	52F	Crofton, MD USA	130,500	74.15	15	5
34	John Gadbois	49M	Durango, CO USA	130,500	74.15	20	2
36	Eric Atnip	32M	Lexington, KY USA	130,200	73.98	21	2
37	Jim Stewart	52M	Rochester, MN USA	129,925	73.82	22	3
38	David Cook	50M	Rochester, MN USA	128,625	73.08	23	4
39	Joni Young	47F	Salem, OR USA	125,500	71.31	16	4
40	Frank Hughes	52M	Kingston, PA USA	125,000	71.02	24	5
41	Ian Redpath	84M	San Diego, CA USA	123,200	70.00	25	1
42	David Radcliff	74M	Hillsboro, OR USA	121,276	68.91	26	2
43	Tony White	24M	Corbin, KY USA	121,100	68.81	27	1
44	Jim Kofler	45M	Rochester, MN USA	120,000	68.18	28	3
45	Sally Marshall	60F	Larkspur, CA USA	116,710	66.31	17	3
46	Jason Troutman	28M	Alburtis, PA USA	116,270	66.06	29	1
47	Jeannette Rein	52F	Singleton, W Australia	115,390	65.56	18	6
48	Stanley Jacobs	80M	Brisbane, QLD, Australia	113,932	64.73	30	2
49	Steve Justinger	56M	Madison, WI USA	110,900	63.01	31	5
50	Murray Scott	53M	Collierville, TN USA	106,100	60.28	32	6
51	David Lewis	57M	Indianapolis, IN USA	105,700	60.06	33	6

## Overall Results: Yardage

Pl	Name	Age/Gender	City/State/Country	Yards	Miles	Gender Pl	Age Grp Pl
52	Allan Thorpe	59M	Bainbridge Island, WA USA	105,600	60.00	34	7
53	Ellen Youngers	51F	Oronoco, MN USA	105,300	59.83	19	7
54	Jim Teisher	59M	Beaverton, OR USA	105,093	59.71	35	8
55	Rosanna Sikora	53F	Morgantown, WV USA	103,600	58.86	20	8
56	Perry Heath	59M	Indianapolis, IN USA	102,800	58.41	36	9
57	Michael Harris	61M	Austin, TX USA	102,300	58.13	37	8
58	Patricia Rogers	49F	Oregon City, OR USA	102,150	58.04	21	5
59	Mark Naperkowski	48M	Ashley, PA USA	101,850	57.87	38	4
60	Megan Lassen	38F	Portland, OR USA	101,498	57.67	22	1
61	Andrea Harris	59F	Pukalani, HI USA	101,350	57.59	23	3
62	Saori Hanaki-Martin	34F	Lexington, KY USA	101,100	57.44	24	1
63	John Voss	59M	Lexington, KY USA	101,000	57.39	39	10
64	Brendan Kelly	35M	Charlottesville, VA USA	100,920	57.34	40	1
65	Richard Knowles	47M	Temperance, MI USA	100,800	57.27	41	5
66	Deanna Lin	39F	Menlo Park, CA USA	100,500	57.10	25	2
66	Scott Marshall	47M	Menlo Park, CA USA	100,500	57.10	42	6
68	Kent Price	70M	San Carlos, CA USA	100,320	57.00	43	3
68	John Murphy	80M	Massapequa Park, NY USA	100,320	57.00	43	3
70	Suzanne Schieltz	34F	Durango, CO USA	100,200	56.93	26	2
71	John Simons	57M	Durango, CO USA	100,075	56.86	45	11
72	Kyle Jonas	20M	Lexington, KY USA	100,000	56.82	46	2
72	Matthew Marcy	41M	Annapolis, MD USA	100,000	56.82	46	3
72	Jim McConica	58M	Ventura, CA USA	100,000	56.82	46	12
75	Nancy Kryka	53F	Rochester, MN USA	92,130	52.35	27	9
76	Will Moser	74M	Racine, WI USA	89,550	50.88	49	4
77	Christine Somera	23F	Gresham, OR USA	87,910	49.95	28	1
78	David Burgio	65M	Lexington, KY USA	85,250	48.44	50	2
79	Jeff Hayslett	41M	Lexington, KY USA	84,800	48.18	51	4
80	Beth Atnip	29F	Lexington, KY USA	83,500	47.44	29	1
81	Bob Albright	43M	Rochester, MN USA	83,300	47.33	52	5
82	Becky Britton	48F	Rochester, MN USA	82,350	46.79	30	6
83	David Hathaway	48M	Portland, OR USA	82,100	46.65	53	7
84	David Head	60M	Portland, OR USA	81,500	46.31	54	9
85	Pam Kimmel	44F	Versailles, KY USA	81,300	46.19	31	2
86	Brian Wille	50M	St. Paul, MN USA	81,000	46.02	55	7
87	Scott Woodbury	42M	Beaverton, OR USA	80,121	45.52	56	6
88	Kristi Panayotoff	60F	Lincolville, ME USA	79,100	44.94	32	4
89	Grayson Marshall	66M	Larkspur, CA USA	77,200	43.86	57	3
90	William Strum	65M	Lexington, KY USA	76,600	43.52	58	4
91	Gayle Orner	46F	Corvallis, OR USA	76,325	43.37	33	7
92	Elizabeth Harrison	34F	Portland, OR USA	76,000	43.18	34	3
93	Margaret Sandner	58F	Morrison, CO USA	75,300	42.78	35	4
94	Dallas Figley	56M	Woodburn, OR USA	74,900	42.56	59	13
95	Lyle Grosbach	48M	Rochester, MN USA	74,200	42.16	60	8
96	Edward Price	64M	Cold Spring Harbor, NY USA	74,000	42.05	61	10
97	David Kuendig	28M	Lexington, KY USA	73,500	41.76	62	2
98	Jim White	50M	Portland, OR USA	72,095	40.96	63	8
99	Donna Schubkegel	56F	Austin, TX USA	72,000	40.91	36	5
100	James Brent	54M	Oak Ridge, TN USA	71,580	40.67	64	9
101	Amy Waltch	51F	Lincoln, MA USA	71,300	40.51	37	10
102	Mary Gray	51F	Mantorville, MN USA	70,600	40.11	38	11
103	Robin Segnitz	41F	Lexington, KY USA	70,200	39.89	39	3
104	Annette Zuccolillo	43F	Durango, CO USA	70,087	39.82	40	4
105	Beverly Underwood	74F	Ottawa, IL USA	68,700	39.03	41	1
106	D. J. Murray	79F	Hilton Head Island, SC USA	67,300	38.24	42	2
107	Alison Moore	38F	Gainsville, VA USA	67,000	38.07	43	3
108	Michael Bernstein	52M	Indianapolis, IN USA	66,300	37.67	65	10
109	Art Simuro	46M	Plainview, NY USA	66,200	37.61	66	9

## Overall Results: Yardage

Pl	Name	Age/Gender	City/State/Country	Yards	Miles	Gender Pl	Age Grp Pl
110	Wilk West	53M	Collierville, TN USA	66,000	37.50	67	11
111	Bryan Johnson	54M	Indianapolis, IN USA	65,650	37.30	68	12
112	Sallie Perkins	48F	Rochester, MN USA	64,875	36.86	44	8
113	David Arlander	68M	Rochester, MN USA	63,300	35.97	69	5
114	Mary Ann Getty	50F	Lexington, KY USA	62,100	35.28	45	12
114	Will Dannert	69M	Kingston, PA USA	62,100	35.28	70	6
116	Tom Evans	53M	Versailles, KY USA	62,000	35.23	71	13
117	Kristin Bernardski	20F	Lexington, KY USA	60,400	34.32	46	2
118	Alison Craig	51F	Bainbridge Island, WA USA	60,200	34.20	47	13
119	Meegan Wilson	60F	Gainesville, FL USA	60,150	34.18	48	5
120	Martha Oppeneer	51F	Racine, WI USA	60,000	34.09	49	14
121	Tricia Mercill	40F	Rochester, MN USA	59,334	33.71	50	5
122	Cheryl Gettelfinger	51F	Carmel, IN USA	58,600	33.30	51	15
122	Robert Carter	45M	Arlington, TX USA	58,600	33.30	72	10
124	Jane Moore	58F	Tacoma, WA USA	58,566	33.28	52	6
125	Ed Borella	58M	Rockville, MD USA	57,700	32.78	73	14
126	Tom Jaeger	50M	Rochester, MN USA	56,532	32.12	74	14
127	Bill Heinrich	47M	Hennepin, IL USA	56,300	31.99	75	11
128	Ringo Ginter	45M	Denver, CO USA	56,000	31.82	76	12
129	Pete Turner	49M	Palm Bay, FL USA	55,750	31.68	77	13
130	Judy Johnson	50F	Brisbane, QLD, Australia	55,160	31.34	53	16
131	Janice Kregor	52F	Lexington, KY USA	55,000	31.25	54	17
132	Judy B, Wagner	64F	College Station, TX USA	54,700	31.08	55	6
133	Susie Young	39F	Portland, OR USA	53,800	30.57	56	4
134	William Malone	60M	Goshen, IN USA	53,150	30.20	78	11
135	Al Humphrey	49M	Emerald Hills, CA USA	53,000	30.11	79	14
135	Chuck Harbaugh	80M	Lakewood, CO USA	53,000	30.11	79	4
137	Susan Bradley-Cox	71F	Lexington, KY USA	52,750	29.97	57	2
138	Kristy Lawson	43F	Ottawa, IL USA	51,700	29.38	58	6
139	Zach Bunker	19M	Oxnard, CA USA	51,600	29.32	81	3
140	Philip Cuff	49M	Lindenhurst, NY USA	51,305	29.15	82	15
141	Ann Marmesh	53F	Bainbridge Island, WA USA	51,000	28.98	59	18
142	John Anderson	60M	Bainbridge Island, WA USA	50,200	28.52	83	12
143	Steve Erickson	54M	Ojai, CA USA	50,150	28.49	84	15
144	Ginger Pierson	62F	Vancouver, WA USA	49,950	28.38	60	7
145	Gregg Anshus	52M	Rochester, MN USA	48,650	27.64	85	16
146	Ann Marie Dias	39F	Elkhart, IN USA	48,400	27.50	61	5
147	Tamara Tulou	34F	Bainbridge Island, WA USA	48,000	27.27	62	4
148	Rosie Hillmeyer	45F	Lexington, KY USA	46,750	26.56	63	9
149	Ron Johannsen	66M	Rochester, MN USA	46,100	26.19	86	7
150	Timothy Kirby	47M	McMinnville, OR USA	46,050	26.16	87	16
151	Peter Brooks	54M	Rochester, MN USA	45,350	25.77	88	17
152	Amy Johnson	67F	Buffalo, NY USA	44,700	25.40	64	2
153	Mary Gregg	50F	Camarillo, CA USA	44,200	25.11	65	19
154	Toby Petty	52F	Ventura, CA USA	44,000	25.00	66	20
155	David Groisser	52M	Gainesville, FL USA	43,050	24.46	89	18
156	Christy Beal	36F	Woodbury Heights, NJ USA	43,044	24.46	67	6
157	George VanMeter	53M	Lexington, KY USA	42,600	24.20	90	19
157	James Bowditch	71M	Bainbridge Island, WA USA	42,600	24.20	90	5
159	Thomas Hinds	61M	Solana Beach, CA USA	42,150	23.95	92	13
160	Helen Holmes	74F	Brisbane, QLD, Australia	42,085	23.91	68	3
161	Barney Voegtlen	59M	Silverdale, WA USA	41,700	23.69	93	15
162	Elizabeth Barrett	47F	Winchester, KY USA	41,600	23.64	69	10
163	Irene Meyer	52F	Rochester, MN USA	41,200	23.41	70	21
164	Tricia Calvert	51F	Lexington, KY USA	41,150	23.38	71	22
165	Bill Steinke	74M	Poulsbo, WA USA	41,000	23.30	94	6
166	Mike Bridges	61M	Ventura, CA USA	40,900	23.24	95	14
167	Lisa Kromka	50F	Camarillo, CA USA	40,400	22.95	72	23

## Overall Results: Yardage

Pl	Name	Age/Gender	City/State/Country	Yards	Miles	Gender Pl	Age Grp Pl
168	Joe Wyatt	59M	Beaverton, OR USA	40,200	22.84	96	16
168	Joe Oakes	74M	Portland, OR USA	40,200	22.84	96	7
170	Linda Warren	51F	Bainbridge Island, WA USA	40,000	22.73	73	24
170	Joe Persico	58M	Shavertown, PA USA	40,000	22.73	98	17
172	Kate Carr	42F	Bainbridge Island, WA USA	39,650	22.53	74	7
173	Jeff Hager	52M	Camarillo, CA USA	39,550	22.47	99	20
174	Kim Williams	56F	Bainbridge Island, WA USA	39,200	22.27	75	7
175	Lynn Thompson	50F	Gresham, OR USA	39,175	22.26	76	25
176	Martha McMahan	52F	Woolford, MD USA	39,000	22.16	77	26
176	Mike Joyner	50M	Rochester, MN USA	39,000	22.16	100	21
178	Lynne Gallivan	47F	Bainbridge Island, WA USA	38,850	22.07	78	11
179	Brian Young	41M	Portland, OR USA	38,650	21.96	101	7
180	Geraldine Kawabata	74F	Beaverton, OR USA	38,200	21.70	79	4
181	Kiaran McGee	43M	Rochester, MN USA	38,000	21.59	102	8
182	Lillie Thompson	67F	Austin, TX USA	37,950	21.56	80	3
183	Mimi Ward	50F	Shelbyville, KY USA	37,450	21.28	81	27
184	Jon Schultz	41M	Rochester, MN USA	37,000	21.02	103	9
185	Sheryl Somers	56F	Bainbridge Island, WA USA	36,700	20.85	82	8
186	Michael Harris	75M	Soldotna, AK USA	35,650	20.26	104	1
187	Lisa Claesson-Gordon	46F	Bainbridge Island, WA USA	35,100	19.94	83	12
188	Nancy L. Kelley	70F	Rocklin, CA USA	34,400	19.55	84	5
188	Tom Maheady	51M	Wyoming, PA USA	34,400	19.55	105	22
190	Kyle Kersey	44M	Milwaukie, OR USA	34,320	19.50	106	10
191	Gretel Compton	52F	Camarillo, CA USA	34,050	19.35	85	28
192	Alex Hooke	25M	Rochester, MN USA	33,700	19.15	107	3
193	Jan Ringo	56F	Bainbridge Island, WA USA	33,500	19.03	86	9
194	Cynthia Bennett	36F	Lexington, KY USA	33,451	19.01	87	7
195	Tom Dwinnell	73M	Soldotna, AK USA	33,450	19.01	108	8
196	George Roudebush	83M	Bainbridge Island, WA USA	33,200	18.86	109	5
197	Steve Guipe	41M	Goshen, IN USA	33,100	18.81	110	11
198	Ian Baker	22M	Lexington, KY USA	33,050	18.78	111	4
199	Michael Kerwin	63M	Lexington, KY USA	33,000	18.75	112	15
200	Cali Schultz	24F	Rochester, MN USA	32,550	18.49	88	3
201	Graciela Porráz-Capetillo	47F	Rochester, MN USA	32,200	18.30	89	13
202	Wade Taylor	47M	Poulsbo, WA USA	32,100	18.24	113	17
203	John Heinzl	47M	Port Hueneme, CA USA	32,050	18.21	114	18
204	Phil Hood	51M	Goshen, IN USA	31,500	17.90	115	23
205	Lisa Wittmer	41F	Edina, MN USA	31,200	17.73	90	8
207	Arlene Delmage	46F	Vancouver, WA USA	31,150	17.70	92	14
208	Brian Pittner	43M	Rochester, MN USA	30,700	17.44	116	12
209	Betty Harris	74F	Soldotna, AK USA	30,450	17.30	93	6
210	Colleen Farnham	56F	Walla Walla, WA USA	30,238	17.18	94	10
211	Francesca Genovese-Finch	34F	Portland, OR USA	30,100	17.10	95	5
212	Tiffany Day	28F	Santa Paula, CA USA	30,050	17.07	96	2
213	Kathy Holter	57F	South Park, PA USA	30,000	17.05	97	11
214	Julie Soltys	30F	North Plainfield, NJ USA	29,500	16.76	98	6
215	Jeanette Bello	65F	Milwaukie, OR USA	29,100	16.53	99	4
216	Curt Lawson	42M	Ottawa, IL USA	28,825	16.38	117	13
217	Amy Anderson	44F	Rochester, MN USA	28,800	16.36	100	9
218	Jeane Gruender	80F	Topeka, KS USA	28,700	16.31	101	1
219	Dennis Sawyer	65M	Seabeck, WA USA	28,675	16.29	118	8
220	Marcy Ross	48F	Reno, NV USA	28,600	16.25	102	15
221	Jane Cobos	63F	Bryan, TX USA	28,400	16.14	103	8
222	Katie Bjerkness	24F	Rochester, MN USA	27,900	15.85	104	4
223	Nina Wolgelenter	38F	Lexington, KY USA	27,200	15.45	105	8
223	John Taylor	64M	Lexington, KY USA	27,200	15.45	119	16
225	Mary Thompson	49F	Union, ME USA	26,550	15.09	106	16
226	Harvey Hutchings	68M	Rochester, MN USA	26,540	15.08	120	9

## Overall Results: Yardage

Pl	Name	Age/Gender	City/State/Country	Yards	Miles	Gender Pl	Age Grp Pl
227	James David Leonard	49M	Goshen, IN USA	25,850	14.69	121	19
228	Carol Karnes	49F	Rochester, MN USA	25,650	14.57	107	17
229	Justin Osborne	20M	Camarillo, CA USA	25,250	14.35	122	5
230	Roger Brockenbrough	74M	Pittsburgh, PA USA	24,800	14.09	123	9
231	Dana Scruggs	49F	Indianapolis, IN USA	24,600	13.98	108	18
232	Ruth Wilhelmy	82F	Annapolis, MD USA	24,400	13.86	109	2
233	Joe Wilson	74M	Lexington, KY USA	24,300	13.81	124	10
234	Michael Reder	55M	East Rockaway, NY USA	24,150	13.72	125	18
235	Helena Robinson	61F	Arundel, West Sussex, England	23,850	13.55	110	9
236	Cynthia Ruggiero	45F	Bainbridge Island, WA USA	22,800	12.95	111	19
237	Gretchen Gende	39F	Bainbridge Island, WA USA	22,350	12.70	112	9
238	Lois Madsen	76F	Lakewood, IL USA	22,300	12.67	113	3
239	Bill Pearce	68M	Houston, TX USA	22,200	12.61	126	10
240	Linda Wainio	55F	Maplewood, MN USA	22,100	12.56	114	12
241	Anne Voegtlen	58F	Bainbridge Island, WA USA	21,650	12.30	115	13
242	Elizabeth Blower	36F	Allentown, PA USA	21,500	12.22	116	10
242	Tita Arnold	67F	Lexington, KY USA	21,500	12.22	116	5
244	Con McCole	50M	Wilkes-Barre, PA USA	21,400	12.16	127	24
245	Kate Thompson	24F	Rochester, MN USA	21,100	11.99	118	5
246	Paula Pavelco	50F	Slatington, PA USA	20,400	11.59	119	29
247	Brian Bill	30M	Rochester, MN USA	19,600	11.14	128	3
248	Charity Floen	50F	Rochester, MN USA	19,500	11.08	120	30
249	Mike Tomalis	46M	Harveys Lake, PA USA	19,100	10.85	129	20
250	Mary Kraft	56F	Rochester, MN USA	19,025	10.81	121	14
251	Ben Davis	50M	Lexington, KY USA	19,000	10.80	130	25
252	Marie Brown	84F	Nashua, NH USA	18,700	10.63	122	3
253	Angela de Oliveira	62F	Bainbridge Island, WA USA	18,650	10.60	123	10
254	Sandra Trocki	39F	Edwardsville, PA USA	18,300	10.40	124	11
255	Linda Dillon	68F	Lakewood, CO USA	18,200	10.34	125	6
256	Oren Thomas Bergfald	45M	Milwaukie, OR USA	18,000	10.23	131	21
256	Joe Yasenachak	52M	Wilkes-Barre, PA USA	18,000	10.23	131	26
258	Mark Hagen	51M	Rochester, MN USA	17,800	10.11	133	27
259	Margery Ricards	49F	Ventura, CA USA	17,650	10.03	126	20
259	Sandy Bratz	61F	Bainbridge Island, WA USA	17,650	10.03	126	11
261	Jean Flack	49F	Dallas, PA USA	17,500	9.94	128	21
262	Howard Levinson	60M	Dallas, PA USA	16,850	9.57	134	17
263	Julie Shryock	62F	Rolling Bay, WA USA	15,100	8.58	129	12
264	Elfie Stevenin	87F	Salem, OR USA	15,000	8.52	130	1
265	Garry Taroli	54M	Dallas, PA USA	14,000	7.95	135	28
266	Joan Lovat Smith	78F	Bainbridge Island, WA USA	13,350	7.59	131	4
267	Marge Carhart	72F	Island Lake, IL USA	13,058	7.42	132	7
268	Jeff Allman	54M	Rochester, MN USA	12,500	7.10	136	29
269	Charmayne Julius	50F	Swoyersville, PA USA	11,700	6.65	133	31
270	Patty Hutchings	67F	Rochester, MN USA	10,560	6.00	134	7
271	David Cuthbert	35M	Bainbridge Island, WA USA	10,500	5.97	137	2
272	Maren Breiwieser	54F	Indianapolis, IN USA	10,300	5.85	135	32
273	Karen Eady	51F	Bainbridge Island, WA USA	8,050	4.57	136	33
274	Beth Youngers	24F	Rochester, MN USA	6,400	3.64	137	6
275	Robert Yenney	61M	Ventura, CA USA	5,400	3.07	138	18
276	John Sfire	54M	Rochester, MN USA	5,300	3.01	139	30
277	Caitlin Dunemann	20F	Rochester, MN USA	4,800	2.73	138	7
278	Lalitha Sarada	37F	Dallas, PA USA	4,125	2.34	139	12
279	Wyatt Byrne	21M	Rochester, MN USA	3,750	2.13	140	6
280	Laurie Hohwald	54F	Cherry Hill, NJ USA	Entered days			
280	Deborah Muench	51F	Nanticoke, PA USA	Entered days			
280	Philip Gottling	53M	Honolulu, HI USA	Entered days			
280	Stan Dudek	60M	Larksville, PA USA	Entered days			



## Overall Results: Total Number of Days



Name	Age/gender	City/State/Country	Days
Heather Adkins-Narte	54F	Bainbridge Island, WA USA	28
John Anderson	60M	Bainbridge Island, WA USA	28
Eric Atnip	32M	Lexington, KY USA	28
Keith Augustine	52M	Shavertown, PA USA	28
Curtis Barteau	56M	Sedlen, NY USA	28
Kirsten Beeler	62F	Carmel, IN USA	28
Steve Benson	62M	Rochester, MN USA	28
James Brent	54M	Oak Ridge, TN USA	28
David Burgio	65M	Lexington, KY USA	28
Michael P. Carew	59M	Bend, OR USA	28
Will Dannert	69M	Kingston, PA USA	28
Jim Fitzpatrick	54M	Laguna Niguel, CA USA	28
Jim Fofler	45M	Rochester, MN USA	28
Elizabeth Foland	53F	Carmel, IN USA	28
John Gadbois	49M	Durango, CO USA	28
Philip Gottling	53M	Honolulu, HI USA	28
Andrew Grannell	61M	Annapolis, MD USA	28
William Greeley	62M	Golden, CO USA	28
Jewell Grigsby-Martin	77F	Stafford, VA USA	28
Andrea Harris	59F	Pukalani, HI USA	28
Perry Heath	56M	Indianapolis, IN USA	28
Vince Herring	66M	Rochester, MN USA	28
Barbara Hewitt	49F	Lakewood, CO USA	28
Robert Higley	43M	Bend, OR USA	28
Frank Hughes	52M	Kingston, PA USA	28
Stanley Jacobs	80M	Brisbane, QLD Australia	28
Judy Johnson	50F	Brisbane, QLD Australia	28
Steve Justinger	56M	Madison, WI USA	28
David Klevinsky	58M	Hanover TWP, PA USA	28
Richard Knowles	47M	Temperance, MI USA	28
Lynn Kubasek	50F	Laguna Beach, CA USA	28
Barbara Larsen	61F	Rochester, MN USA	28
Megan Lassen	38F	Portland, OR USA	28
Jack D. Leake, Jr.	61M	Collierville, TN USA	28
James David Leonard	49M	Goshen, IN USA	28
Shirley Loftus-Charley	57F	Afton, VA USA	28
Sally Marshall	60F	Larkspur, CA USA	28
Jane Moore	58F	Tacoma, WA USA	28
John Murphy	80M	Massapequa Park, NY USA	28
Michael Nasta	62M	East Meadow, NY USA	28
George Nelson	63M	Kirkwood, MO USA	28
Utley Noble	45M	Arrington, TN USA	28
Joe Oakes	74M	Portland, OR USA	28

Name	Age/gender	City/State/Country	Days
David Radcliff	74M	Hillsboro, OR USA	28
Ian Redpath	84M	San Diego, CA USA	28
Vivian Reinikainen	66F	Santa Fe, NM USA	28
Maureen Rohrs	53F	Severna Park, MD USA	28
Margaret Sandner	58F	Morrison, CO USA	28
Jon Schieltz	70M	Beaverton, OR USA	28
Murray Scott	53M	Collierville, TN USA	28
John Shrum	60M	Charlottesville, VA USA	28
Rosanna Sikora	53F	Morgantown, WV USA	28
John Simons	57M	Durango, CO USA	28
Jason Troutman	28M	Alburtis, PA USA	28
Timothy P. Waud	41M	Oregon City, OR USA	28
Wilk West	53M	Collierville, TN USA	28
Brian Wille	50M	St. Paul, MN USA	28
Becky Britton	48F	Rochester, MN USA	27
Philip Cuff	49M	Lindenhurst, NY USA	27
Dallas Figley	56M	Woodburn, OR USA	27
Jeane Gruender	80F	Topeka, KS USA	27
Kyle Jonas	20M	Lexington, KY USA	27
Gayle Orner	46F	Corvallis, OR USA	27
Suzanne Schieltz	34F	Durango, CO USA	27
Annette Zuccolillo	43F	Durango, CO USA	27
Kelly French	46F	Rochester, MN USA	26
Paula J. Gaynor	48F	Indianapolis, IN USA	26
Helen Holmes	74F	Brisbane, QLD Australia	26
Amy Johnson	67F	Buffalo, NY USA	26
Mike Joyner	50M	Rochester, MN USA	26
David Lewis	57M	Indianapolis, IN USA	26
Kristi Panayotoff	60F	Lincolville, ME USA	26
Edward Price	64M	Cold Spring Harbor, NY USA	26
Kent Price	70M	San Carlos, CA USA	26
Beverly Underwood	74F	Ottawa, IL USA	26
Ellen Youngers	51F	Oronoco, MN USA	26
Rita Belserene	57F	Bainbridge Island, WA USA	25
Will Moser	74M	Racine, WI USA	25
D. J. Murray	79F	Hilton Head Island, SC USA	25
Pat Pallotta	52F	Crofton, MD USA	25
Jeannette Rein	52F	Singleton, W Australia,	25
John Voss	59M	Lexington, KY USA	25
Michael Harris	61M	Austin, TX USA	24
Deanna Lin	39F	Menlo Park, CA USA	24
Grayson Marshall	66M	Larkspur, CA USA	24
Mark Naperkowski	48M	Ashley, PA USA	24

## Overall Results: Total Number of Days

Name	Age/gender	City/State/Country	Days	Name	Age/gender	City/State/Country	Days
William Strum	65M	Lexington, KY USA	24	Tom Jaeger	50M	Rochester, MN USA	19
Bob Albright	43M	Rochester, MN USA	23	Bryan Johnson	54M	Indianapolis, IN USA	19
David Cook	50M	Rochester, MN USA	23	Matthew Marcy	41M	Annapolis, MD USA	19
Tom Evans	53M	Versailles, KY USA	23	Ann Marmesh	53F	Bainbridge Island, WA USA	19
Ringo Ginter	45M	Denver, CO USA	23	Bill Pearce	68M	Houston, TX USA	19
Jeff Hayslett	41M	Lexington, KY USA	23	Michael Bernstein	52M	Indianapolis, IN USA	18
Ron Johannsen	66M	Rochester, MN USA	23	Mary Gray	51F	Mantorville, MN USA	18
Pam Kimmel	44F	Versailles, KY USA	23	Lyle Grosbach	48M	Rochester, MN USA	18
Mary Kraft	56F	Rochester, MN USA	23	Bill Heinrich	47M	Hennepin, IL USA	18
Will Simmons	33M	Indianapolis, IN USA	23	Martha Oppeneer	51F	Racine, WI USA	18
Christine Somera	23F	Gresham, OR USA	23	Helena Robinson	61F	Arundel, England	18
Jim Teisher	59M	Beaverton, OR USA	23	Patricia Rogers	49F	Oregon City, OR USA	18
Tony White	24M	Corbin, KY USA	23	George Roudebush	83M	Bainbridge Island, WA USA	18
Joe Yasenchak	52M	Wilkes-Barre, PA USA	23	Susie Young	39F	Portland, OR USA	18
Kennard Goodman	55M	Bainbridge Island, WA USA	22	David Arlander	68M	Rochester, MN USA	17
Nancy Kryka	53F	Rochester, MN USA	22	James Bowditch	71M	Bainbridge Island, WA USA	17
Tom Maheady	51M	Wyoming, PA USA	22	Steve Erickson	54M	Ojai, CA USA	17
Scott Marshall	47M	Menlo Park, CA USA	22	Mary Ann Getty	50F	Lexington, KY USA	17
Karla Phillips	44F	Mount Juliet, TN USA	22	David Kuendig	28M	Lexington, KY USA	17
Graciela Porraz-Capetillo	47F	Rochester, MN USA	22	Curt Lawson	42M	Ottawa, IL USA	17
Robert Carter	45M	Arlington, TX USA	21	Lois Madsen	76F	Lakewood, IL USA	17
Alison Craig	51F	Bainbridge Island, WA USA	21	Deborah Muench	51F	Nanticoke, PA USA	17
Elizabeth Harrison	34F	Portland, OR USA	21	Sallie Perkins	48F	Rochester, MN USA	17
Brendan Kelly	35M	Charlottesville, VA USA	21	Judy B, Wagner	64F	College Station, TX USA	17
Jim Stewart	52M	Rochester, MN USA	21	Amy Waltch	51F	Lincoln, MA USA	17
Allan Thorpe	59M	Bainbridge Island, WA USA	21	Brian Young	41M	Portland, OR USA	17
Meegan Wilson	60F	Gainesville, FL USA	21	Kristin Bernardski	20F	Lexington, KY USA	16
Scott Woodbury	42M	Beaverton, OR USA	21	Ed Borella	58M	Rockville, MD USA	16
Christy Beal	36F	Woodbury Heights, NJ USA	20	Susan Bradley-Cox	71F	Lexington, KY USA	16
Zach Bunker	19M	Oxnard, CA USA	20	Rosie Hillmeyer	45F	Lexington, KY USA	16
Gretel Compton	52F	Camarillo, CA USA	20	Nancy L. Kelley	70F	Rocklin, CA USA	16
Cheryl Gettelfinger	51F	Carmel, IN USA	20	Michael Kerwin	63M	Lexington, KY USA	16
Mary Gregg	50F	Camarillo, CA USA	20	Timothy Kirby	47M	McMinnville, OR USA	16
Saori Hanaki-Martin	34F	Lexington, KY USA	20	Kristy Lawson	43F	Ottawa, IL USA	16
Chuck Harbaugh	80M	Lakewood, CO USA	20	Alison Moore	38F	Gainsville, VA USA	16
David Hathaway	48M	Portland, OR USA	20	Ginger Pierson	62F	Vancouver, WA USA	16
David Head	60M	Portland, OR USA	20	Donna Schubkegel	56F	Austin, TX USA	16
Lisa Kromka	50F	Camarillo, CA USA	20	Art Simuro	46M	Plainview, NY USA	16
William Malone	60M	Goshen, IN USA	20	Pete Turner	49M	Palm Bay, FL USA	16
Jim McConica	58M	Ventura, CA USA	20	Beth Youngers	24F	Rochester, MN USA	16
Tricia Mercill	40F	Rochester, MN USA	20	Jeanette Bello	65F	Milwaukie, OR USA	15
Toby Petty	52F	Ventura, CA USA	20	Oren Thomas Bergfald	45M	Milwaukie, OR USA	15
Lynn Thompson	50F	Gresham, OR USA	20	Mike Bridges	61M	Ventura, CA USA	15
Lillie Thompson	67F	Austin, TX USA	20	Ann Marie Dias	39F	Elkhart, IN USA	15
Jim White	50M	Portland, OR USA	20	Jeff Hager	52M	Camarillo, CA USA	15
Ruth Wilhelmy	82F	Annapolis, MD USA	20	Thomas Hinds	61M	Solana Beach, CA USA	15
Joni Young	47F	Salem, OR USA	20	Laurie Hohwald	54F	Cherry Hill, NJ USA	15
Beth Atnip	29F	Lexington, KY USA	19	Geraldine Kawabata	74F	Beaverton, OR USA	15
Peter Brooks	54M	Rochester, MN USA	19	Jon Schultz	41M	Rochester, MN USA	15

## Overall Results: Total Number of Days

Name	Age/gender	City/State/Country	Days	Name	Age/gender	City/State/Country	Days
Elfie Stevenin	87F	Salem, OR USA	15	David Groisser	52M	Gainsville, FL USA	11
Tamara Tulou	34F	Bainbridge Island, WA USA	15	Steve Guipe	41M	Goshen, IN USA	11
Linda Wainio	55F	Maplewood, MN USA	15	Patty Hutchings	67F	Rochester, MN USA	11
Joe Wyatt	59M	Beaverton, OR USA	15	Justin Osborne	20M	Camarillo, CA USA	11
Stan Dudek	60M	Larksville, PA USA	14	Cali Schultz	24F	Rochester, MN USA	11
Charity Floen	50F	Rochester, MN USA	14	Bill Steinke	74M	Poulsbo, WA USA	11
John Heinzel	47M	Port Hueneme, CA USA	14	Mimi Ward	50F	Shelbyville, KY USA	11
Al Humphrey	49M	Emerald Hills, CA USA	14	Ian Baker	22M	Lexington, KY USA	10
Janice Kregor	52F	Lexington, KY USA	14	Marie Brown	84F	Nashua, NH USA	10
Joe Persico	58M	Shavertown, PA USA	14	Arlene Delmage	46F	Vancouver, WA USA	10
Garry Taroli	54M	Dallas, PA USA	14	Kathy Holter	57F	South Park, PA USA	10
Greg Anshus	52M	Rochester, MN USA	13	Phil Hood	51M	Goshen, IN USA	10
Cynthia Bennett	36F	Lexington, KY USA	13	Charmayne Julius	50F	Swoyersville, PA USA	10
Elizabeth Blower	36F	Allentown, PA USA	13	Carol Karnes	49F	Rochester, MN USA	10
Roger Brockenbrough	74M	Pittsburgh, PA USA	13	Paula Pavelco	50F	Slatington, PA USA	10
Kate Carr	42F	Bainbridge Island, WA USA	13	Dennis Sawyer	65M	Seabeck, WA USA	10
Colleen Farnham	56F	Walla Walla, WA USA	13	Mary Thompson	49F	Union, ME USA	10
Jean Flack	49F	Dallas, PA USA	13	Barney Voegtlen	59M	Silverdale, WA USA	10
Betty Harris	74F	Soldotna, AK USA	13	Lisa Wittmer	41F	Edina, MN USA	10
Michael Harris	75M	Soldotna, AK USA	13	Lisa Wittmer	41F	Rochester, MN USA	10
Kyle Kersey	44M	Milwaukie, OR USA	13	Amy Anderson	44F	Rochester, MN USA	9
Kiaran McGee	43M	Rochester, MN USA	13	Jane Cobos	63F	Bryan, TX USA	9
Robin Segnitz	41F	Lexington, KY USA	13	Alex Hooke	25M	Rochester, MN USA	9
Sandra Trocki	39F	Edwardsville, PA USA	13	Cynthia Ruggiero	45F	Bainbridge Island, WA USA	9
Linda Warren	51F	Bainbridge Island, WA USA	13	Julie Soltys	30F	North Plainfield, NJ USA	9
Elizabeth Barrett	47F	Winchester, KY USA	12	Nina Wolgelenter	38F	Lexington, KY USA	9
Katie Bjerkness	24F	Rochester, MN USA	12	Marge Carhart	72F	Island Lake, IL USA	8
Tricia Calvert	51F	Lexington, KY USA	12	Ben Davis	50M	Lexington, KY USA	8
Caitlin Dunemann	20F	Rochester, MN USA	12	Angela de Oliveira	62F	Bainbridge Island, WA USA	8
Tom Dwinell	73M	Soldotna, AK USA	12	Brian Pittner	43M	Rochester, MN USA	8
Harvey Hutchings	68M	Rochester, MN USA	12	Margery Ricards	49F	Ventura, CA USA	8
Con McCole	50M	Wilkes-Barre, PA USA	12	Lalitha Sarada	37F	Dallas, PA USA	8
Martha McMahon	52F	Woolford, MD USA	12	Dana Scruggs	49F	Indianapolis, IN USA	8
Irene Meyer	52F	Rochester, MN USA	12	Mike Tomalis	46M	Harveys Lake, PA USA	8
Michael Reder	55M	East Rockaway, NY USA	12	Tita Arnold	67F	Lexington, KY USA	7
Jan Ringo	56F	Bainbridge Island, WA USA	12	Sandy Bratz	61F	Bainbridge Island, WA USA	7
Marcy Ross	48F	Reno, NV USA	12	Maren Breitwieser	54F	Indianapolis, IN USA	7
John Sfire	54M	Rochester, MN USA	12	Mark Hagen	51M	Rochester, MN USA	7
Sheryl Somers	56F	Bainbridge Island, WA USA	12	Joan Lovat Smith	78F	Bainbridge Island, WA USA	7
Wade Taylor	47M	Poulsbo, WA USA	12	Kate Thompson	24F	Rochester, MN USA	7
John Taylor	64M	Lexington, KY USA	12	Anne Voegtlen	58F	Bainbridge Island, WA USA	7
George VanMeter	53M	Lexington, KY USA	12	Jeff Allman	54M	Rochester, MN USA	6
Kim Williams	56F	Bainbridge Island, WA USA	12	Howard Levinson	60M	Dallas, PA USA	6
Joe Wilson	74M	Lexington, KY USA	12	Julie Shryock	62F	Rolling Bay, WA USA	6
Robert Yenney	61M	Ventura, CA USA	12	David Cuthbert	35M	Bainbridge Island, WA USA	5
Lisa Claesson-Gordon	46F	Bainbridge Island, WA USA	11	Linda Dillon	68F	Lakewood, CO USA	5
Tiffany Day	28F	Santa Paula, CA USA	11	Karen Eady	51F	Bainbridge Island, WA USA	5
Lynne Gallivan	47F	Bainbridge Island, WA USA	11	Brian Bill	30M	Rochester, MN USA	4
Gretchen Gende	39F	Bainbridge Island, WA USA	11	Wyatt Byrne	21M	Rochester, MN USA	1
Francesca Genovese-Finch	34F	Portland, OR USA	11				



## Improvement: 2008 to 2009

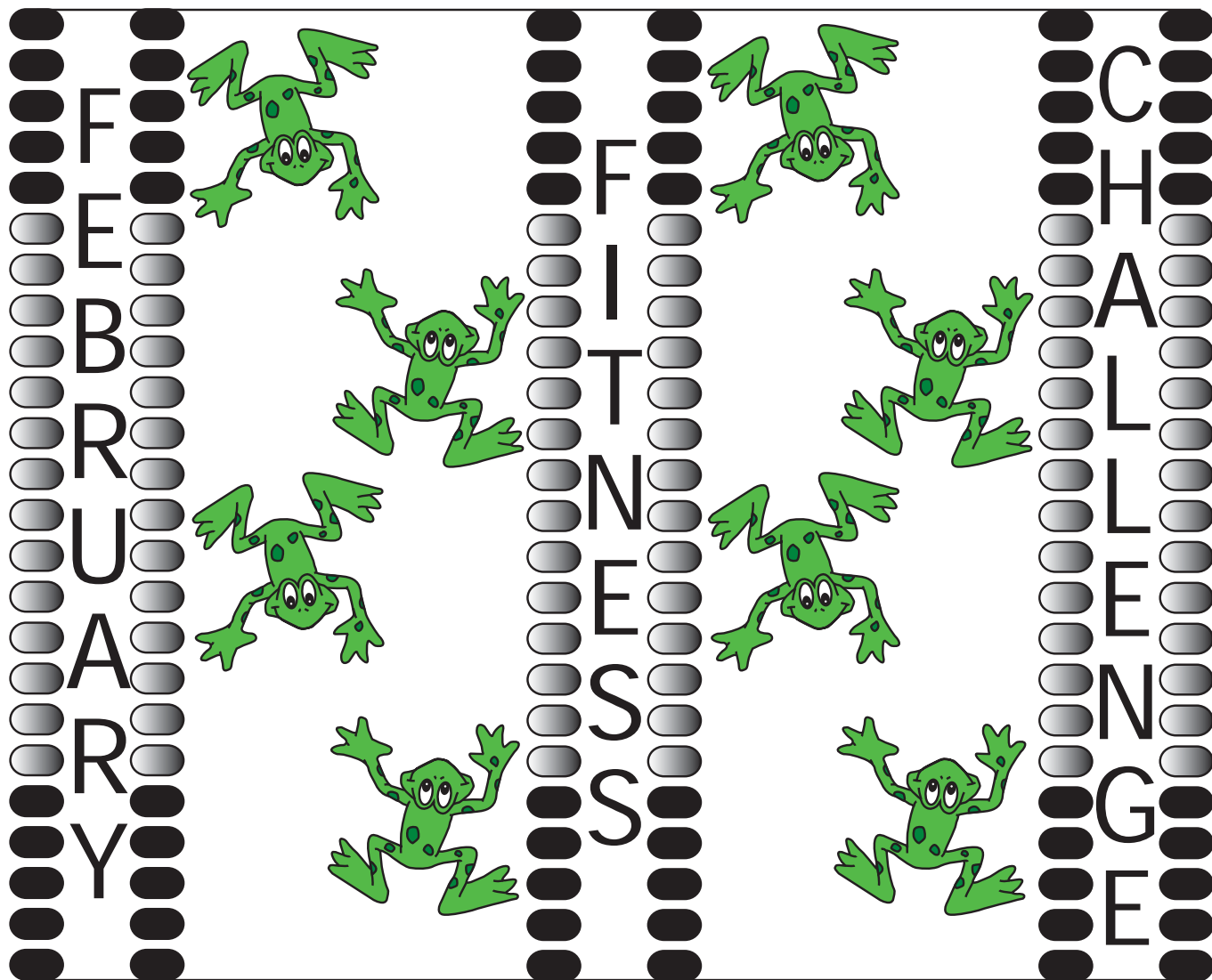


This new feature in the Results Booklet tracks the Improvement of those who swam in 2008 and 2009. We have only included the positive results. There certainly was a lot of improvement out there in "February Fitness Land".

Name	2009 Distance	2008 Distance	Percent Change	Name	2009 Distance	2008 Distance	Percent Change
Andrea Harris	101,350	20,075	404.86%	Steve Justinger	110,900	89,775	23.53%
Keith Augustine	178,900	35,700	401.12%	Will Dannert	62,100	50,350	23.34%
Jean Flack	17,500	3,500	400.00%	Art Simuro	66,200	54,550	21.36%
Dennis Sawyer	28,675	8,425	240.36%	Martha McMahan	39,000	33,000	18.18%
Carol Karnes	25,650	8,500	201.76%	Tricia Mercill	59,334	50,306	17.95%
Beverly Underwood	68,700	23,000	198.70%	John Heintzel	32,050	27,200	17.83%
Lynne Gallivan	38,850	14,700	164.29%	Perry Heath	102,800	87,550	17.42%
Tom Maheady	34,400	16,100	113.66%	Shirley Loftus-Charley	210,065	180,200	16.57%
David Cook	128,625	60,500	112.60%	Utley Noble	138,300	120,150	15.11%
Becky Britton	82,350	40,100	105.36%	Jim Stewart	129,925	113,100	14.88%
Wilk West	66,000	33,500	97.01%	George Nelson	131,233	114,829	14.29%
Paula J. Gaynor	176,300	100,320	75.74%	John Murphy	100,320	88,000	14.00%
Mark Naperkowski	101,850	60,070	69.55%	George Roudebush	33,200	29,150	13.89%
Jeane Gruender	28,700	17,100	67.84%	Susie Young	53,800	47,380	13.55%
Karla Phillips	385,000	235,000	63.83%	Kirsten Beeler	173,150	152,675	13.41%
Kristi Panayotoff	79,100	49,350	60.28%	Elfie Stevenin	15,000	13,400	11.94%
Lalitha Sarada	4,125	2,600	58.65%	Michael P. Carew	151,160	135,350	11.68%
Lyle Grosbach	74,200	47,450	56.38%	Jim Koffler	120,000	108,000	11.11%
Sheryl Somers	36,700	23,900	53.56%	David Radcliff	121,276	109,208	11.05%
Kristy Lawson	51,700	33,750	53.19%	Jeannette Rein	115,390	104,170	10.77%
Gayle Orner	76,325	50,330	51.65%	Vivian Reinikainen	261,600	236,800	10.47%
Michael Bernstein	66,300	44,050	50.51%	David Burgio	85,250	77,250	10.36%
Timothy P. Waud	169,500	112,710	50.39%	Michael Reder	24,150	22,050	9.52%
John Shrum	150,050	100,000	50.05%	Ron Johannsen	46,100	42,100	9.50%
Lynn Kubasek	633,600	422,577	49.94%	George VanMeter	42,600	39,000	9.23%
William Greeley	150,100	101,500	47.88%	Karen Eady	8,050	7,400	8.78%
Saori Hanaki-Martin	101,100	69,000	46.52%	Vince Herring	282,000	262,421	7.46%
Sandra Trocki	18,300	12,500	46.40%	Joe Wilson	24,300	22,850	6.35%
Graciela Porraz-Capetillo	32,200	22,250	44.72%	Ian Redpath	123,200	116,000	6.21%
Richard Knowles	100,800	69,700	44.62%	Barney Voegtlen	41,700	39,300	6.11%
Frank Hughes	125,000	87,400	43.02%	Michael Kerwin	33,000	31,150	5.94%
Robin Segnitz	70,200	50,100	40.12%	Timothy Kirby	46,050	43,750	5.26%
Mary Thompson	26,550	19,000	39.74%	Ellen Youngers	105,300	100,875	4.39%
Christy Beal	43,044	30,900	39.30%	Murray Scott	106,100	102,100	3.92%
Brian Young	38,650	27,900	38.53%	Andrew Grannell	300,300	290,000	3.55%
Elizabeth Harrison	76,000	55,550	36.81%	Amy Johnson	44,700	43,280	3.28%
Gretchen Gende	22,350	16,550	35.05%	Kennard Goodman	134,100	130,400	2.84%
Mary Gray	70,600	52,700	33.97%	Rosie Hillmeyer	46,750	45,500	2.75%
Amy Anderson	28,800	21,750	32.41%	Alison Moore	67,000	65,600	2.13%
Kiaran McGee	38,000	29,100	30.58%	Donna Schubkegel	72,000	71,050	1.34%
D. J. Murray	67,300	51,650	30.30%	Con McCole	21,400	21,150	1.18%
Curtis Barteau	239,829	185,350	29.39%	Barbara Hewitt	253,000	250,100	1.16%
Chuck Harbaugh	53,000	41,000	29.27%	Elizabeth Foland	154,700	153,500	0.78%
Garry Taroli	14,000	11,000	27.27%	Cynthia Ruggiero	22,800	22,650	0.66%
Kelly French	156,678	123,587	26.78%	Tony White	121,100	120,800	0.25%
Stanley Jacobs	113,932	89,917	26.71%	Jason Troutman	116,270	116,090	0.16%
Nancy Kryka	92,130	73,610	25.16%	Allan Thorpe	105,600	105,600	0.00%
John Taylor	27,200	22,000	23.64%				
Elizabeth Barrett	41,600	33,650	23.63%				

The Tualatin Hills Barracudas Thank You  
For a Great February Fitness Challenge  
You certainly did your laps in 2009

"I DID MY LAPS"



2009

Looking forward to seeing you in 2010  
for a lot more LAPS