

2003 February Fitness Challenge

Congratulations to all participants in the 2003 February Fitness Challenge! We hope you had a great month and met or beat your goals. Swimmers battled snow, pool closures, burst appendix and injuries, but the event still went on.

The **Wildcat Masters** placed first this year with the largest team with 19 swimmers. The second place team is **Rocklin Aquat Masters** with 14 swimmers. They won by one swimmer. Yet again, every swimmer does count! The third place award goes to the **YWCA Piranhas**. They also placed third last year. The Goshen College Masters won the award for the largest number of yardage. The six swimmers averaged over 190,000 yards per swimmer. This average was helped greatly by Donn Spilman and James Begley. Four of the six swimmers had over 100k yards.

Five records were broken this year, some of them longstanding. James Begley of Goshen College Masters set a new record in the men 40-44 age bracket with 456,700 yards. The previous record was set in 1997. Jim McConica of Ventura County Masters set a new record in the men 50-54 age bracket with 440,000 yards. The previous record was set in 1996. Vince Herring of the Rochester ORCA Masters set a new record for the men 60-64 age bracket by swimming 421,605 yards. The previous record was set in 1994.

Carlita 'Lee' Durand set a new record for women age 60-64 with 390,720 yards, breaking the record she set just last year. Dorothea Clayton set a new record for women age 90-94 with 3,900 yards. This record did not exist before. Sadly, Dorothea passed away this April. I will miss receiving her entry. We have her records back to 1999, her peak year being in 2000 with 46,700 yards when she was 87. Her coach said she loved doing this event every year.

Participants have often written to us wondering how swimmers achieve such large numbers of yardage. A few swimmers took the time this year to write up their workouts.

Notes from Jim McConica – record holder men age 50-54, 440,000 yards

Thank you for putting on this event. It has been a trying yet wonderful experience. The most trying day was the last Sunday. I got in 31,000 yards, 7 hours of water time. I did 282 x 100 (LCM) on 1:30 with four breaks.

The most exciting workout was on the 8th day. That morning I did 10,500 yards. That night I put on my fast Victor suit (thank you Jerry and Randy) and did 5 x 500 (SCY) on 6:00 with no warm-up. My average time for the last four was 5:26+. That was the fastest workout of the month.

More than 90% of my yardage was on the 1:15 base for SCY. That got pretty tough as the month wore on. I was able to reach my goal of 250 miles with a lot of support from teammates and friends. – Jim McConica

I hope this extra distance helps you at Nationals.

We also received a summary of the month from Vince Herring – record holder men age 60-64, 421,605 yards

What were you thinking?

The first question people ask when they find out you swim a lot of distance, either in the pool or in open water, is “what do think about.?” and then they ask, “why do you do it?”

Well I think about a lot of things and over the course of the February Fitness Challenge when I swam an average 8-10 miles a day and was in the water up to 5 hours a day, I had time to think.

First of all, I think about how many lengths I've done and how many I have to do for that particular workout. It helps that I can usually keep track of my lengths almost subconsciously, but I know I would be lost without a pace clock on the wall and a wrist watch with a 100 lap memory, so I could always check to see where I was. When doing long sets I would calculate how long the set would take and also record the splits on my watch, so that afterward when I recorded the workout, I could also check for accuracy.

I have to confess that sometimes I would daydream about girls or food and sort of lose track of where I was, but a look at the pace clock or checking my watch, would tell me, where in the "heck" I was. Over the course of the month I did a lot of my two favorites sets helped me get the most yards in the least amount of time. I did lots of ladders that consisted of swimming 25 yards, 50 yards, 75 on up to doing a 250 three times and then back down to 25. This adds up to 3000 yards. I would do this with 3-6 seconds rest and try to do it in an amount of time that would be not too much slower than if I swim it straight. It just seemed to go quicker by breaking it up. I also like to do lots of 500's on 15 second rest. Because I was doing lots and lots of yards, I tried to keep it aerobic. For me that means holding my pace at about 1:30 per 100 and my pulse at 110-120 per minute.

What's interesting to me, is how my energy will ebb and flow when swimming two and three workouts a day. Generally I would feel and swim better at night, than in the morning, but how I swim and how I feel don't always correlate. My times I would feel like death, but once in the water my endorphins would just flow. Other times I would feel good on the deck, but in the water I couldn't move. As the month progressed and my body adapted I found I generally had more feel good workouts, but it took longer to warm up and begin to feel good. Sometimes I would struggle through the first 5000 yards and then get a second wind.

People will also ask "Why do you do this?" The simple answer is, I like the challenge. Also I am goal oriented. If I have a goal I find it easier to discipline myself to get to practice. If I don't have challenge out in front of me I can find it easy to sleep in and skip practice. Some mornings I break the world record for hitting the snooze alarm and I have the gravitational force of the entire universe pulling me back to bed. But I don't want to be out in the middle of some open water swim asking "why did I skip practice?" During Feb. Fitness I knew I couldn't make up the yards, if I didn't get to every single practice.

My first goal for Feb. Fitness was to do 378,000. I had done 320,000 yards a few years ago and I know it was within my ability to do a little more and the record in my age group was 376,500, so my challenge was to average 13,500 yards a day or 378,000 for the month. But what sometimes is a trend in Feb. Fitness, I kept upping the goal as the month progressed. When I had more than 100,000 the first week and more than 200,000 the second week, I decided I should go for 400,000 and then later I upped it to 420,000 because I realized that's an average of 15,000

Even though I planned to keep all the effort at the aerobic level, so I

wouldn't be too broken down, I still had to worry about staying healthy. Because no matter how slow you are going you will get tired if you swim far enough. I got tired. I was worried about getting sick, or injured. In the past I have had shoulder problems. During the month I had lots of aches and pains, but fortunately they would come and go. I would get tired and would be dragging, but found I could will myself to keep going.

The first day of Feb. Fitness was a bit of a struggle. I was still stiff and sore from the one hour postal swim and could hardly move. On day two my shoulder started bugging me and I thought, I am not going to last a month. Near the end of day two all the aches and pains went away. Oh they would come back many times, but they would keep leaving. Also by day two my wife was already questioning my sanity. "Why are you doing this?" But as the month progressed she was constantly checking my progress, while complaining about the chlorine smell oozing constantly from my pores.

By the 4th and 5th day I would struggle a bit at the beginning and then get warmed up and finish strong. Sometimes I would consciously ease off at the end of a workout and find that I was actually swimming faster.

Days 6-8 brought more aches and pains and it just took lots of effort to just keep going. Here, I would think about previous long hard swims and also visualize I was doing some future long distance open water challenge.--only 5 hours more to swim.

Days 9-11 I started to feel chilled when swimming. I never get chilled in the pool. I must be losing baby fat. My coach informed me, it's not baby fat. But I notice I feel colder than normal working outside and feel chilled at home.

Day 12 The hardest morning to get up. All 3 alarms go off. I can hardly move my arm fast enough to hit all the snooze alarms. I am going to sleep in!! No I'm not!! My teammates will be there ready to go at 5 am. If they can make it, I can make it.

Day 14 is my 60th birthday. My teammates decide we will do 60x100 in my honor. This was real fun, because instead of counting the 100's 1 to 60 we started the counting with 1943 the year I was born and work up to the present. As we rested between repeats, we yelled out something that happened in our life or in history on that date. I am halfway there in days and distance, despite aches and pains I'm confident I can make it. Part of the challenge is that I can't get sick. I can't get injured. The pools have to stay open. We can't have a major snowstorm. My car can't breakdown. I can't forget my suit or goggles.

Day 16 is the day I really celebrate my birthday so only do a short workout in the am.

Day 17-21 I am able to increase my yardage. My teammate Dave has also up his goal and we continue to urge and cheer one another on. But we confess we are already looking forward to Mar 1. I also notice, particularly when training

in open swim pools, that swimmers next to me will push on when I do in attempts to challenge a race. I will usually swim along with them while assessing their ability and after a few lengths will accelerate for awhile to leave them in the dust. Some times I am too tired to respond, but hope they will show up again next month when I'm rested.

Day 21-25 Into the last week. Dave and I have both raised our goals. My energy ebbs and flows. The aches and pains come and go. How I feel goes up and down. I struggle and I swim well. When the challengers swim alongside I meet the challenge and sometimes I don't. I still have 10,000 yards to do today--Let 'em go.

Day 26 the third to last day. I get a massage. What a lift! I feel great!! I do over 20,600 yards for the day.

The last day, I went past my goal of 420,000 yards and entertain thoughts of going for 425,000 or 430,000. But thought, "What am I thinking? I'll never do this again, but if ever do this thing again, I better back off a little, so it will be easier to do more yards the next time." Vince Herring

A few notes from the pool:

"When asked the secret to success in sports, I simply reply SHOW UP."

Thank you to Dave Radcliff for sending me an extra entry form. This is the first year I missed a day and receiving the entry form made me get to the pool and finish. **Tom Hetzel, PH.D – Masters of Sout Texas**

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Peter Shepherd's February 2003:

257,893 yards backstroke – 85% of total

24,523 yards freestyle

11,209 yards breaststroke

7,533 yards fly

2.9108E-11 Light Years, 8.605 Gildeas, 148.692 Nautical Miles, 171.112 Miles, 602,315 Cubits, 903,472.7 Feet, 10,841,672.2 Inches, 27,537,900 Centimeters

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"I raised over \$9,000 for the local Hospice, so I did not use any training aids or equipment. It was good to have t extra motivation." **Billy Atkins**

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"All kicking, rotator cuff surgery. **Jani Sutherland - Central Oregon Masters 100,100 yards**

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"Poor showing this year - Too Much Snow!! Bad road conditions" **Alice Biggs**

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Feb 7, 8, 9 – snow

Feb 17, 18, 19, 28.2 inches of snow

Feb 27, 28 snow

Ruth Wilhelmy

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“Keep up the February Fitness Challenge. It is a lot of fun and makes a person feel good at what they have accomplished.” **Anne Schmidt - Swam 182,000 yards 2003, 151,000 yards 2002**

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“I hope you enjoyed your swim Mr. Bond. It was your last. - February 28, 2003

Timur Kiykioglu – Swim Another Day, Team total 440,007 yards

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2003 F7C Swim Stats

Distance

<i>Total Yards</i>	<i>Total Mileage</i>	<i>Average Yards</i>	<i>Average Mileage</i>
18,556,974	10,543	78,966	44.87

Top Teams

<i>Team Name</i>	<i>Swimmers</i>	<i>Tot Yds</i>	<i>Yds/Swmmr</i>	<i>Mi/Sw</i>	<i>Team Name</i>	<i>Swimmers</i>	<i>Tot Yds</i>	<i>Yds/Swmmr</i>	<i>Mi/Sw</i>
Tualatin Hills Barracudas	22	1,363,955	61,998	35.22	Brisbane Southside Masters	1	59,065	59,065	33.55
Wildcat Masters	19	682,080	35,899	20.39	Berkeley Aquatic Club	1	58,400	58,400	33.18
Rocklin Aquatic Masters	14	594,600	42,471	24.13	Elmwood Sharks	1	100,800	100,800	57.27
YWCA Piranhas	13	1,023,277	78,714	44.72	SEMS	1	31,900	31,900	18.12
Jeffco YMCA	7	634,230	90,604	51.47	WSU Masters	1	25,520	25,520	14.5
Menlo Masters	7	963,807	137,687	78.23	Wilkes-Barre YMCA	1	150,550	150,550	85.53
Rochester ORCA Masters Team	6	965,105	160,851	91.39	VA Masters	1	331,700	331,700	188.4
Goshen College Masters	6	1,141,900	190,317	108.1	Space Coast Masters	1	36,000	36,000	20.45
YMCA - McHenry	5	119,314	23,863	13.55	Southern Oregon Masters	1	83,100	83,100	47.21
300 Club Masters	4	223,725	55,931	31.77	Soldotna	1	48,100	48,100	27.32
Federal Way Masters	4	294,969	73,742	41.89	Solana Beach Swim Masters	1	43,100	43,100	24.48
Ventura County Masters	3	570,800	190,267	108.1	SLAQ	1	107,600	107,600	61.13
Pacific NW Aquatics	3	121,500	40,500	23.01	Montana Masters	1	150	150	8.522
Dolphins	3	57,150	19,050	10.82	Sequim Masters	1	13,200	13,200	7.5
Fins Aquatic Club	2	64,750	32,375	18.39	MAM	1	217,550	217,550	123.6
Swim Another Day	2	440,007	220,004	125.0	Pottstown YMCA	1	27,725	27,725	15.75
Swim Kentucky	2	133,300	66,650	37.86	Nickel City Splash Masters	1	32,810	32,810	18.64
Niagara District Masters	2	99,850	49,925	28.36	New England Masters	1	40,060	40,060	22.76
Weiss and Weiss Aquatics	2	62,950	31,475	17.88	Music City Masters	1	0	0	0
Gaspergoos	2	158,300	79,150	44.97	Mt. Hood Masters	1	113,200	113,200	64.31
ABC Swimming	2	421,600	210,800	119.7	Masters of South Texas	1	174,513	174,513	99.15
Central Oregon Masters Aquatics	2	187,400	93,700	53.23	Masters of Brazos	1	35,200	35,200	20
Heart of Texas Swimming	1	68,100	68,100	38.69	Manatee Masters	1	101,320	101,320	57.56
Idaho Falls Masters	1	104,300	104,300	59.26	SLAM	1	48,650	48,650	27.64
Illinois Masters	1	26,904	26,904	15.28					
Indy Swim Fit	1	121,500	121,500	69.03					
Hunterdon County YMCA	1	118,620	118,620	67.39					
Dynamo Masters	1	71,750	71,750	40.76					
Muncie YMCA	1	3,900	3,900	2.215					
Crawfish Aquatics	1	0	0	0					
Courthouse Crew	1	39,700	39,700	22.55					
Corvallis Aquatic Team	1	31,528	31,528	17.91					
Collierville YMCA	1	3,250	3,250	1.846					

2003 February Fitness Challenge

First Place Totals

First Place Totals: Women

	<i>1994</i>	<i>1995</i>	<i>1996*</i>	<i>1997</i>	<i>1998</i>	<i>1999</i>	<i>2000*</i>	<i>2001</i>	<i>2002</i>	<i>2003</i>
19-24	193,435	100,300	160,800	79,300	148,400	100,000	133,200	154,000	48,050	119,000
25-29	218,100	132,200	159,855	93,500	192,365	200,000	139,450	101,115	139,940	83,850
30-34	220,082	210,000	210,000	258,000	245,000	218,000	203,100	214,775	181,700	65,150
35-39	310,700	311,000	272,825	242,550	235,350	250,000	263,700	418,400	242,000	182,000
40-44	286,000	278,245	466,533	229,100	285,225	355,520	250,200	301,800	207,400	213,500
45-49	229,700	279,000	316,650	283,000	272,916	368,775	273,900	250,500	280,000	281,600
50-54	174,680	278,080	461,120	403,920	305,000	301,000	325,000	304,000	305,000	264,880
55-59	115,695	202,470	266,400	359,480	406,560	117,700	239,360	80,620	110,600	315,000
60-64	140,800	154,300	262,600	300,300	320,750	248,000	276,276	246,400	338,360	390,720
65-69	116,175	105,760	143,650	359,200	426,100	473,700	515,800	465,000	64,350	59,065
70-74	73,410	84,150	109,400	106,795	100,100	69,900	76,256	146,500	526,500	331,700
75-79	55,000	75,350	61,435	83,130	117,920	89,300	107,360	31,250	88,150	55,500
80-84	64,000	64,800	67,500	68,500	75,575	75,800	106,825	30,600	61,600	50,400
85-89	0	0	6,350	6,800	53,550	26,100	46,700	59,800	53,550	48,520
F90+										3,900

First Place Totals: Men

	<i>1994</i>	<i>1995</i>	<i>1996*</i>	<i>1997</i>	<i>1998</i>	<i>1999</i>	<i>2000*</i>	<i>2001</i>	<i>2002</i>	<i>2003</i>
19-24	93,025	140,800	203,500	10,000	0	75,000	90,900	189,880	0	142,560
25-29	154,000	600,533	725,533	260,000	135,000	57,200	129,000	230,800	81,800	27,725
30-34	203,555	303,333	166,000	303,401	220,050	305,000	258,025	254,062	353,000	300,000
35-39	276,650	261,400	261,200	251,300	272,400	377,000	541,000	176,000	254,600	301,157
40-44	393,700	169,500	381,200	420,000	271,040	249,600	159,800	406,300	380,050	456,700
45-49	425,040	451,850	277,150	630,100	365,700	339,680	761,000	220,000	221,320	366,000
50-54	227,700	215,100	352,960	320,250	182,000	227,500	250,850	134,025	264,000	440,000
55-59	575,000	261,400	180,000	228,990	255,600	243,900	202,400	219,395	231,660	144,300
60-64	376,750	246,400	268,451	330,000	259,926	214,515	120,340	143,200	154,900	421,605
65-69	107,100	67,600	152,000	164,000	176,575	148,215	202,565	207,556	352,820	185,850
70-74	96,000	125,525	297,000	110,950	77,800	81,250	89,675	133,045	144,300	72,600
75-79	140,400	295,025	396,000	104,050	239,500	125,400	136,100	154,000	180,400	215,600
80-84	46,340	59,030	69,600	96,000	108,350	181,000	27,000	28,545	93,950	113,200
85-89	53,100	48,225	0	27,920	25,736	67,700	79,500	82,650	26,000	34,900

Age Group Results: Yardage

Women 19-24

193,435 yards, Karrie Wolnik, 22, West Chester OH 2/94

	<i>Name</i>	<i>Age</i>	<i>City</i>	<i>Yards</i>	<i>Miles</i>
1	Miriam Miller	21	Goshen, IN USA	119,000	67.61
2	Barbara Lehane	23	Wauconda, IL USA	54,000	30.68
3	Kelley Miller	24	Lexington, KY USA	33,900	19.26

Women 25-29

218,100 yards, Lisa Hazen, 29, Sunnyvale CA 2/94

	<i>Name</i>	<i>Age</i>	<i>City</i>	<i>Yards</i>	<i>Miles</i>
1	Kareena King	28	Des Moines, WA USA	83,850	47.64
2	Michelle Trujillo	28	Antelope, CA USA	58,775	33.39
3	Anicia Criscione	29	Corvallis, OR USA	31,528	17.91

Women 30-34

258,100 yards, Trisha Commons, 32, Thousand Oaks CA 2/97

	<i>Name</i>	<i>Age</i>	<i>City</i>	<i>Yards</i>	<i>Miles</i>
1	Karen Hamill	30	Burlingame, CA USA	65,150	37.02
2	Alison Moore	32	Hillsboro, OR USA	45,500	25.85
3	Kathleen Morris	34	Seattle, WA USA	36,200	20.57
4	Jodi Stebbins	34	Snohomish, WA USA	28,600	16.25
5	Melissa King	34	Lexington, KY USA	9,975	5.67

Women 35-39

418,400 yards, Dawn Bergeson, 39, Cottonwood MN 2/01

	<i>Name</i>	<i>Age</i>	<i>City</i>	<i>Yards</i>	<i>Miles</i>
1	Anne Schmidt	36	Portland, OR USA	182,000	103.41
2	Karla Phillips	37	Mt. Juliet, TN USA	136,000	77.27
3	Sandra Carosi	36	Lebanon, NJ USA	118,620	67.40
4	Dawn Beck	38	Rochester, MN USA	101,100	57.44
5	Vicki Hedrick	37	Somis, CA USA	73,600	41.82
6	Karin Engelsjerd	38	Lakewood, CO USA	50,250	28.55
7	Carolyn Placke	39	Philadelphia, PA USA	30,800	17.50
8	Lisa Dickens	38	Lexington, KY USA	30,350	17.24
9	Margaret Shaw	38	Austin, TX USA	28,200	16.02
10	Nina Moll	36	Crystal Lake, IL USA	17,900	10.17

Age Group Results: Yardage

Women 40-44

466,533 yards, Jill Rissi, 40, Menlo Park CA 2/96

	<i>Name</i>	<i>Age</i>	<i>City</i>	<i>Yards</i>	<i>Miles</i>
1	Barb Hewitt	43	Lakewood, CO USA	213,500	121.31
2	Paula Gaynor	42	Sullivan, IN USA	176,350	100.20
3	Mary Ann White	44	Tacoma, WA USA	144,444	82.07
4	Mary Coddington	44	Kent, WA USA	110,100	62.56
5	Sarah Cowden	40	Lexington, KY USA	74,900	42.56
6	Jane Scott	40	Austin, TX USA	68,100	38.69
7	Susan Kirk	42	Califon, NJ USA	58,400	33.18
8	Lisa Guiffrida	43	Antelope, CA USA	58,075	33.00
9	Marcella Ross	42	McMinnville, OR USA	56,000	31.82
10	Pamela Schultz	41	Wheat Ridge, CO USA	50,450	28.66
11	Gwen Gustafson-Zook	41	Goshen, IN USA	49,400	28.07
12	Ginny Ross	43	Portland, OR USA	43,900	24.94
13	Mimi Ward	44	Shelbyville, KY USA	39,150	22.24
14	Anne Bruflat	42	Roseville, CA USA	36,050	20.48
15	Merrill Hilf	42	Philadelphia, PA USA	33,950	19.29
16	Sue Thompson	43	Terre Haute, IN USA	14,827	8.42
17	Joyce Douglas	44	Juneau, AK USA	12,200	6.93
18	Janice McLean	44	Juneau, AK USA	10,600	6.02

Women 45-49

316,650 yards, Karen Tukua, 46, Antioch CA 2/96

	<i>Name</i>	<i>Age</i>	<i>City</i>	<i>Yards</i>	<i>Miles</i>
1	Maureen Rohes	47	Severna Park, MD USA	281,600	160.00
2	Pat Pallotta	46	Crofton, MD USA	210,300	119.49
3	Rosanna Sikora	47	Morgantown, WV USA	147,150	83.61
4	Sue Wilkinson	49	Fairfax, VA USA	100,100	56.88
5	Bridget Walsh	48	Anchorage, AK USA	77,750	44.18
6	Jeannette Rein	46	Singleton, W.A. Australia	60,363	34.30
7	Mary Gray	45	Mantorville, MN USA	60,100	34.15
8	Linda Bamford	49	Oxnard, CA USA	57,200	32.50
9	Lisa Knepper	47	Terre Haute, IN USA	52,650	29.91
10	Joanne Wainwright	47	Soldotna, AK USA	48,100	27.33
11	Janice Kregor	46	Lexington, KY USA	46,600	26.48
12	Tricia Calvert	45	Lexington, KY USA	41,100	23.35
13	Susan Albright	47	Portland, OR USA	38,950	22.13
14	Martha McMahon	46	Woolford, MD USA	37,800	21.48
15	Anna Nelson	48	Granite Bay, CA USA	36,100	20.51
16	Lisa Aepfelbacher	46	Portland, OR USA	34,430	19.56
17	Linda Wainio	49	Maplewood, MN USA	31,900	18.13
18	Jan Jeddelloh	47	Portland, OR USA	30,300	17.22
19	Terri Cummings	48	Fillmore, UT USA	28,837	16.38
20	Cyndi Johnson	48	Pullman, WA USA	25,520	14.50
21	Martha Wininger	45	Terre Haute, IN USA	25,350	14.40
22	Pam Ogden	46	Eau Claire, WI USA	22,800	12.95
23	Meg Smath	46	Nicholasville, KY USA	15,000	8.52

Age Group Results: Yardage

Women 50-54

461,120 yards, Barbara Marin, 53, Oshkosh WI 2/96

	<i>Name</i>	<i>Age</i>	<i>City</i>	<i>Yards</i>	<i>Miles</i>
1	Karen Rippon	52	Richland, WA USA	264,880	150.50
2	Andrea Harris	53	Dallas, PA USA	150,550	85.54
3	Jeanne Teisher	51	Beaverton, OR USA	103,200	58.64
4	Ellen Hall	51	Harahan, IA USA	100,800	57.27
5	Jani Sutherland	53	Bend, OR USA	100,100	56.88
6	Sally Marshall	54	Larkspur, CA USA	99,110	56.31
7	Margaret Sandner	52	Morrison, CO USA	92,080	52.32
8	Meegan Wilson	54	Gainesville, FL USA	80,025	45.47
9	Fran Justinger	51	West Bend, WI USA	67,300	38.24
10	Kristina Riddle	54	Beaverton, OR USA	64,600	36.70
11	Darlene Staley	53	Beaverton, OR USA	58,600	33.30
12	Lizbeth Fuller	50	Beaverton, OR USA	55,500	31.53
13	Tracy Elton	53	Lexington, KY USA	35,280	20.05
14	Donna Hammock	50	Round Rock, TX USA	34,750	19.74
15	Suzanne Shea	50	Juneau, AK USA	34,350	19.52
16	Kathy Holter	51	South Park, PA USA	34,000	19.32
17	Judy Williams	54	Seattle, WA USA	33,225	18.88
18	Janet Scheeline	52	Lexington, KY USA	23,500	13.35

Women 55-59

406,560 yards, Claire Leifer, 56, Dix Hills NY 2/98

	<i>Name</i>	<i>Age</i>	<i>City</i>	<i>Yards</i>	<i>Miles</i>
1	Katherine Watson	55	Newport Beach, CA USA	315,000	178.98
2	Patricia Bieze	59	Portland, OR USA	61,820	35.13
3	Suzie Roseff	57	Terre Haute, IN USA	56,600	32.16
4	Linda Crowe	55	Marshall, IL USA	48,688	27.66
5	Jane Cobos	57	Bryan, TX USA	35,200	20.00
6	Darby Sitter	59	Portland, OR USA	32,875	18.68
7	Pamela Miller	58	Michigan City, IN USA	6,000	3.41

Women 60-64

390,720 yards, Carlita 'Lee' Durand 64, San Diego CA 2/03

	<i>Name</i>	<i>Age</i>	<i>City</i>	<i>Yards</i>	<i>Miles</i>
1	Carlita "Lee" Durand	64	San Diego, CA USA	390,720	222.00
2	Linda Dillon	62	Lakewood, CO USA	150,250	85.37
3	Anne Long	61	Menlo Park, CA USA	71,300	40.51
4	Lillie Thompson	61	Austin, TX USA	60,580	34.42
5	Nancy Kelley	64	Rocklin, CA USA	52,450	29.80
6	Mary Jane Peterson	62	Fillmore, UT USA	51,595	29.32
7	Mary Pat Henehan	60	St. Louis, MO USA	48,650	27.64
8	Alice Cocke	64	Rocklin, CA USA	43,650	24.80
9	Claire O'Brien	64	Hingham, MA USA	40,060	22.76
10	Nancy Booth	62	Crystal Lake, IL USA	34,200	19.43
11	Amy Johnson	61	Buffalo, NY USA	32,810	18.64
12	Mary Ann King	64	Granite Bay, CA USA	28,000	15.91
13	Ruby Collins	63	Lexington, KY USA	22,900	13.01

age group Results: Yards

Women 65-69

515,800 yards, Jewell Grigsby-Martin, 68, Stafford VA 2/00

	<i>Name</i>	<i>Age</i>	<i>City</i>	<i>Yards</i>	<i>Miles</i>
1	Helen Holmes	68	Brisbane, QLD Australia	59,065	33.56
2	Susan Bradley-Cox	65	Lexington, KY USA	53,350	30.31
3	Betty Harris	68	Soldatna, AK USA	36,025	20.47
4	Janet Olsen	66	Loomis, CA USA	25,700	14.60
5	Carol Alfieri	66	Barrington, IL USA	20,950	11.90

Women 70-74

526,500 yards, Jewell Grigsby-Martin, 70, Stafford VA 2/02

	<i>Name</i>	<i>Age</i>	<i>City</i>	<i>Yards</i>	<i>Miles</i>
1	Jewell Grigsby-Martin	71	Stafford, VA USA	331,700	188.47
2	Pat Dempsey	73	Mapleton, IL USA	72,950	41.45
3	Barbara Nichols	71	Loomis, CA USA	48,750	27.70
4	Pat Butts	73	Terre Haute, IN USA	46,639	26.50
5	Marjorie Brill	72	Terre Haute, IN USA	42,750	24.29
6	Cynthia Rosik	70	Grants Pass, OR USA	38,150	21.68
7	Lois Madsen	70	Crystal Lake, IL USA	35,000	19.89

Women 75-79

117,920 yards, Vlasta Benson, 75, San Diego CA 2/98

	<i>Name</i>	<i>Age</i>	<i>City</i>	<i>Yards</i>	<i>Miles</i>
1	Betty Dunn	78	Brockport, NY USA	55,500	31.53
2	Margaret Wells	76	Salem, OR USA	39,700	22.56
3	Kathleen Hughes	75	Portland, OR USA	32,050	18.21
4	Alice Biggs	78	Massapequa, NY USA	27,500	15.63
5	Clara Sotak	78	Springfield, IL USA	26,904	15.29
6	Ruth Wilhelmy	76	Annapolis, MD USA	20,000	11.36
7	Patricia Render	79	Lexington, KY USA	14,875	8.45
8	Sally Stokes	75	Terre Haute, IN USA	14,350	8.15

Women 80-84

106,825 yards, Bessie Neff, 84, Sunbury PA 2/00

	<i>Name</i>	<i>Age</i>	<i>City</i>	<i>Yards</i>	<i>Miles</i>
1	Marion Chadwick	81	Mercer Island, WA USA	50,400	28.64
2	Nancy Lawrence	80	Sequim, WA USA	13,200	7.50
3	Elfie Stevenin	81	Salem, OR USA	12,000	6.82
4	Beulah Morphew	83	Terre Haute, IN USA	10,373	5.89

Women 85-89

59,800 yards, Bessie Neff, 85, Sunbury PA 2/01

	<i>Name</i>	<i>Age</i>	<i>City</i>	<i>Yards</i>	<i>Miles</i>
1	Bessie Neff	87	Sunbury, PA USA	48,250	27.41

Women 90-94

3,900 yards, Dorothea Clayton, 90, Muncie IN 2/03

	<i>Name</i>	<i>Age</i>	<i>City</i>	<i>Yards</i>	<i>Miles</i>
1	Dorothea Clayton	90	Muncie, IN USA	3,900	2.22

Age Group Results: Yardage

Men 25-29

725,533 yards, Tom McCrae, 28, Menlo Park CA 2/96

	<i>Name</i>	<i>Age</i>	<i>City</i>	<i>Yards</i>	<i>Miles</i>
1	Michael Mullin	28	Pottstown, PA USA	27,725	15.75

Men 30-34

353,000 yards, Mike Hall, 33, Terre Haute IN 2/02

	<i>Name</i>	<i>Age</i>	<i>City</i>	<i>Yards</i>	<i>Miles</i>
1	Mike Hall	34	Terre Haute, IN USA	300,000	170.45
2	Bernard Hale	34	Oakland, CA USA	217,550	123.61
3	Will Hale	32	El Cerrito, CA USA	101,320	57.57
4	Roger Kehrt	30	Lexington, KY USA	80,100	45.51
5	Kennedy Price	30	Tigard, OR USA	70,000	39.77
6	Clint Brown	34	Rocklin, CA USA	30,600	17.39
7	Tim Murphy	33	Lakewood, CO USA	16,200	9.20

Men 35-39

541,000 yards, Chris Shoup, 38, Conyers GA 2/00

	<i>Name</i>	<i>Age</i>	<i>City</i>	<i>Yards</i>	<i>Miles</i>
1	Peter Shepherd	36	San Jose, CA USA	301,157	171.11
2	Timur Kiykioglu	36	Portland, OR USA	220,004	125.00
2	Marco Morescalchi	35	Beaverton, OR USA	220,004	125.00
4	Mike Miller	38	Mt. Holly, NJ USA	126,550	71.90
5	Chyle Edic	36	Beaverton, OR USA	118,000	67.05
6	Robert Higley	37	Bend, OR USA	87,300	49.60
7	Randy Biggs	39	Lake Charles, LA USA	83,300	47.33
8	Chris Gaarder	38	Portland, OR USA	64,083	36.41
9	Michael Carpenter	37	Rockport, IN USA	14,500	8.24

Men 40-44

456,700 yards, James Begly, 42, Goshen IN 2/03

	<i>Name</i>	<i>Age</i>	<i>City</i>	<i>Yards</i>	<i>Miles</i>
1	James Begly	42	Goshen, IN USA	456,700	259.49
2	Anthony Eichholz	44	Savannah, GA USA	175,000	99.43
3	Dave Leonard	43	Goshen, IN USA	124,250	70.60
4	Bill Ireland	43	Venice, CA USA	107,600	61.14
5	Alexander Knibbs	44	Birmingham, UK, West Midlands	99,410	56.48
6	Paul Ikeda	43	Seattle, WA USA	88,600	50.34
7	Danny Miller	41	Lake Charles, LA USA	75,000	42.61
8	Philip Cuff	43	Lindenhurst, NY USA	72,435	41.16
9	Al Humphrey	43	Emerald Hills, CA USA	70,300	39.94
10	Keith Uebele	41	Portland, OR USA	64,275	36.52
11	Douglas Morse	41	Hillsboro, OR USA	55,000	31.25
12	Vern Puchalski	43	Tualatin, OR USA	53,500	30.40
13	Neil Shepherd	43	Lake Oswego, OR USA	53,000	30.11
14	Roman Piper	43	Richland, WA USA	50,600	28.75
15	Peter Turner	43	Melbourne, FL USA	36,000	20.45
16	Arthur Simuro	40	Plainview, NY USA	28,000	15.91

Age group Results: Yardsage

Men 45-49

761,000 yards, Jim Fitzpatrick, 45, Laguna Niguel CA 2/00

	<i>Name</i>	<i>Age</i>	<i>City</i>	<i>Yards</i>	<i>Miles</i>
1	Donn Spilman	45	Goshen, IN USA	366,000	207.95
2	David Escobar	47	Santa Barbara, CA USA	180,290	102.44
3	Mike Bernstein	46	Indianapolis, IN USA	121,500	69.03
4	Brad Norby	47	Idaho Falls, ID USA	104,300	59.26
5	Patrick Cecil	48	Portland, OR USA	90,050	51.16
6	Victor Buehler	48	Reddick, FL USA	80,300	45.63
7	James Brent	48	Oak Ridge, TN USA	79,330	45.07
8	Alan Olsen	46	Wantagh, NY USA	64,460	36.63
9	Mark Hagen	45	Rochester, MN USA	63,100	35.85
10	Kris Anderson	49	Granite Bay, CA USA	46,600	26.48
11	Gary Wallis	49	Beaverton, OR USA	42,400	24.09
12	David Biener	48	Levittown, NY USA	37,180	21.13
13	George VanMeter Jr.	47	Lexington, KY USA	26,000	14.77

Men 50-54

440,000 yards, Jim McConica, 52, Ventura 2/03

	<i>Name</i>	<i>Age</i>	<i>City</i>	<i>Yards</i>	<i>Miles</i>
1	Jim McConica	52	Ventura, CA USA	440,000	250.00
2	Ed Cook	50	W. Terre Haute, IN USA	234,700	133.35
3	Jeff Strnad	50	Stanford, CA USA	184,700	104.94
4	William Burling	52	Palo Alto, CA USA	167,600	95.23
5	Jim Teisher	53	Beaverton, OR USA	124,050	70.48
6	Mullet MacIntyre	51	Atlanta, GA USA	71,750	40.77
7	Steve Justinger	50	Madison, WI USA	56,800	32.27
8	Richard Trivett	54	Rocklin, CA USA	51,700	29.38
9	Rich Minter	50	Hillsboro, OR USA	48,175	27.37
10	Brian Jackson	50	Lexington, KY USA	33,750	19.18
11	Edward Borella	52	Massapequa Park, NY USA	31,641	17.98
12	Joe Blocher	54	Bristol, IN USA	26,550	15.09
13	George Kellogg	51	Rocklin, CA USA	24,150	13.72
14	James Wagner	52	Fox River Grove, IL USA	11,264	6.40
15	Mike Sweeney	52	Soldotna, AK USA	9,550	5.43

Men 55-59

575,000 yards, Kent Price, 56, Palo Alto CA 2/94

	<i>Name</i>	<i>Age</i>	<i>City</i>	<i>Yards</i>	<i>Miles</i>
1	Larry Raffaelli	59	Oxnard, CA USA	144,300	81.99
2	Andrew Grannell	55	Gambrills, MD USA	140,000	79.55
3	Billy Atkins	58	Morgantown, WV USA	106,100	60.28
4	Dave Gildea	59	Menlo Park, CA USA	103,600	58.86
5	Ken Greenlinger	58	Woodland Hills, CA USA	88,000	50.00
6	David Burgio	59	Berea, KY USA	87,250	49.57
7	Richard Peterson	55	Menlo Park, CA USA	71,810	40.80
8	William Greeley	56	Golden, CO USA	61,500	34.94
9	Rick Nelson	56	Granite Bay, CA USA	54,000	30.68
10	George Nelson	57	Kirkwood, MO USA	49,486	28.12
11	Mike Bridges	55	Ventura, CA USA	49,200	27.95
12	Dennis Hamilton	56	Lexington, KY USA	46,050	26.16
13	Thomas Hinds	55	Solana Beach, CA USA	43,100	24.49
14	Barry McEwen	55	Gainesville, FL USA	23,300	13.24
15	John Taylor	58	Lexington, KY USA	16,400	9.32

Age Group Results: Yardage

Men 60-64

421,605 yards, Vince Herring, 60, Rochester MN 2/03

	<i>Name</i>	<i>Age</i>	<i>City</i>	<i>Yards</i>	<i>Miles</i>
1	Vince Herring	60	Rochester, MN USA	421,605	239.55
2	David Arlander	62	Rochester, MN USA	277,100	157.44
3	Jose Gonzalez-Jauregui	63	Salisbury, MA USA	100,000	56.82
4	Jon Schieltz	64	Beaverton, OR USA	92,000	52.27
5	Grayson Marshall	60	Larkspur, CA USA	64,250	36.51
6	Ronald Johannsen	60	Rochester, MN USA	42,100	23.92
7	Ron Davis	62	Newberry, FL USA	40,100	22.78
8	Elliot Kephart	60	Federal Way, WA USA	33,450	19.01
9	Robert Haynie	63	Collierville, TN USA	3,250	1.85

Men 65-69

207,556 yards, Thomas Hetzel, 65, Corpus Christi TX 2/01

	<i>Name</i>	<i>Age</i>	<i>City</i>	<i>Yards</i>	<i>Miles</i>
1	Will Moser	68	Racine, WI USA	185,850	105.60
2	Thomas Hetzel	67	Corpus Christi, TX USA	174,513	99.16
3	David Radcliff	68	Hillsboro, OR USA	67,100	38.13
4	Roger Brockenbrough	68	Pittsburgh, PA USA	26,900	15.28
5	Jim Harris	69	Soldotna, AK USA	25,625	14.56
6	Robert Kalaf	67	Brightwaters, NSW Australia	25,510	14.49

Age Group Results: Yardage

Men 70-74

297,000 yards, Virgil Young, 71, Hannibal MO 2/00

	<i>Name</i>	<i>Age</i>	<i>City</i>	<i>Yards</i>	<i>Miles</i>
1	Gene Gilmer	74	Smithtown, NY USA	72,600	41.25
2	Stanley Jacobs	74	Brisbane, QLD Australia	56,720	32.23
3	Thomas Weber	72	Williamsville, NY USA	44,350	25.20
4	John Murphy	74	Massapequa Park, NY USA	35,145	19.97

Men 75-79

396,000 yards, Richard Taylor, 78, Levittown PA 2/96

	<i>Name</i>	<i>Age</i>	<i>City</i>	<i>Yards</i>	<i>Miles</i>
1	Ian Redpath	78	Runaway bay, QLD Australia	215,600	122.50
2	Harold Derks	75	Grand Rapids, MI USA	134,000	76.14
3	Raymond Allen	76	Central Point, OR USA	83,100	47.22

Men 80-84

181,000 yards, Harry Redpath, 80, Brisbane, Queensland, Austria 2/99

	<i>Name</i>	<i>Age</i>	<i>City</i>	<i>Yards</i>	<i>Miles</i>
1	Joseph Mallon	81	Portland, OR USA	113,200	64.32
2	Ernest Emmett	80	Glendale, NSW Australia	54,825	31.15
3	TR Johnson	80	Costa Mesa, CA USA	42,450	24.12
4	Charles Costigan	80	Ranway, NJ USA	9,000	5.11

82,650 yards, Gene Crossett, 87, Seattle WA 2/01

	<i>Name</i>	<i>Name</i>	<i>Age</i>	<i>Age</i>	<i>City</i>	<i>City</i>	<i>Yards</i>
	<i>Yards</i>	<i>Miles</i>	<i>Miles</i>				
1	L. Gene Crossett	89	Seattle, WA USA	34,900	19.83		
2	Ed Kellner	88	Helena, MT USA	150	.09		

Overall Results: Yardage

<i>Pl.</i>	<i>Name</i>	<i>Age/Gender</i>	<i>CSC</i>	<i>Yards</i>	<i>Miles</i>	<i>Gender Place</i>	<i>Age Place</i>
1	- James Begly	42M	Goshen,IN USA	456,700	259.49	1	1
2	- Jim McConica	52M	Ventura,CA USA	440,000	250.00	2	1
3	- Vince Herring	60M	Rochester,MN USA	421,605	239.55	3	1
4	- Carlita "Lee" Durand	64F	San Diego,CA USA	390,720	222.00	1	1
5	- Donn Spilman	45M	Goshen,IN USA	366,000	207.95	4	1
6	- Jewell Grigsby-Martin	71F	Stafford,VA USA	331,700	188.47	2	1
7	- Katherine Watson	55F	Newport Beach,CA USA	315,000	178.98	3	1
8	- Peter Shepherd	36M	San Jose,CA USA	301,157	171.11	5	1
9	- Mike Hall	34M	Terre Haute,IN USA	300,000	170.45	6	1
10	- Maureen Rohes	47F	Severna Park,MD USA	281,600	160.00	4	1
11	- David Arlander	62M	Rochester,MN USA	277,100	157.44	7	2
12	- Karen Rippon	52F	Richland,WA USA	264,880	150.50	5	1
13	- Ed Cook	50M	W. Terre Haute,IN USA	234,700	133.35	8	2
14	- Timur Kiykioglu	36M	Portland,OR USA	220,004	125.00	9	2
14	- Marco Morescalchi	35M	Beaverton,OR USA	220,004	125.00	9	2
16	- Bernard Hale	34M	Oakland,CA USA	217,550	123.61	11	2
17	- Ian Redpath	78M	Runaway bay,QLD	215,600	122.50	12	1
18	- Barb Hewitt	43F	Lakewood,CO USA	213,500	121.31	6	1
19	- Pat Pallotta	46F	Crofton,MD USA	210,300	119.49	7	2
20	- Will Moser	68M	Racine,WI USA	185,850	105.60	13	1
21	- Jeff Strnad	50M	Stanford,CA USA	184,700	104.94	14	3
22	- Anne Schmidt	36F	Portland,OR USA	182,000	103.41	8	1
23	- David Escobar	47M	Santa Barbara,CA USA	180,290	102.44	15	2
24	- Paula Gaynor	42F	Sullivan,IN USA	176,350	100.20	9	2
25	- Anthony Eichholz	44M	Savannah,GA USA	175,000	99.43	16	2
26	- Thomas Hetzel	67M	Corpus Christi,TX USA	174,513	99.16	17	2
27	- William Burling	52M	Palo Alto,CA USA	167,600	95.23	18	4
28	- Andrea Harris	53F	Dallas,PA USA	150,550	85.54	10	2
29	- Linda Dillon	62F	Lakewood,CO USA	150,250	85.37	11	2
30	- Rosanna Sikora	47F	Morgantown,WV USA	147,150	83.61	12	3
31	- Mary Ann White	44F	Tacoma,WA USA	144,444	82.07	13	3
32	- Larry Raffaelli	59M	Oxnard,CA USA	144,300	81.99	19	1
33	- David Wellman	20M	Redmond,OR USA	142,560	81.00	20	1
34	- Andrew Grannell	55M	Gambrills,MD USA	140,000	79.55	21	2
35	- Karla Phillips	37F	Mt. Juliet,TN USA	136,000	77.27	14	2
36	- Harold Derks	75M	Grand Rapids,MI USA	134,000	76.14	22	2
37	- Mike Miller	38M	Mt. Holly,NJ USA	126,550	71.90	23	4
38	- Dave Leonard	43M	Goshen,IN USA	124,250	70.60	24	3
39	- Jim Teisher	53M	Beaverton,OR USA	124,050	70.48	25	5
40	- Mike Bernstein	46M	Indianapolis,IN USA	121,500	69.03	26	3
41	- Miriam Miller	21F	Goshen,IN USA	119,000	67.61	15	1

42	-	Sandra Carosi	36F	Lebanon,NJ USA	118,620	67.40	16	3
43	-	Chyle Edic	36M	Beaverton,OR USA	118,000	67.05	27	5
44	-	Joseph Mallon	81M	Portland,OR USA	113,200	64.32	28	1
45	-	Mary Coddington	44F	Kent,WA USA	110,100	62.56	17	4
46	-	Bill Ireland	43M	Venice,CA USA	107,600	61.14	29	4
47	-	Billy Atkins	58M	Morgantown,WV USA	106,100	60.28	30	3
48	-	Brad Norby	47M	Idaho Falls,ID USA	104,300	59.26	31	4
49	-	Dave Gildea	59M	Menlo Park,CA USA	103,600	58.86	32	4
50	-	Jeanne Teisher	51F	Beaverton,OR USA	103,200	58.64	18	3
51	-	Will Hale	32M	El Cerrito,CA USA	101,320	57.57	33	3
52	-	Dawn Beck	38F	Rochester,MN USA	101,100	57.44	19	4
53	-	Ellen Hall	51F	Harahan,IA USA	100,800	57.27	20	4
54	-	Jani Sutherland	53F	Bend,OR USA	100,100	56.88	21	5
54	-	Sue Wilkinson	49F	Fairfax,VA USA	100,100	56.88	21	4
56	-	Jose Gonzalez-	63M	Salisbury,MA USA	100,000	56.82	34	3
57	-	Alexander Knibbs	44M	Birmingham, UK, West	99,410	56.48	35	5
58	-	Sally Marshall	54F	Larkspur,CA USA	99,110	56.31	23	6
59	-	Margaret Sandner	52F	Morrison,CO USA	92,080	52.32	24	7
60	-	Jon Schieltz	64M	Beaverton,OR USA	92,000	52.27	36	4
61	-	Patrick Cecil	48M	Portland,OR USA	90,050	51.16	37	5
62	-	Paul Ikeda	43M	Seattle,WA USA	88,600	50.34	38	6
63	-	Ken Greenlinger	58M	Woodland Hills,CA USA	88,000	50.00	39	5
64	-	Robert Higley	37M	Bend,OR USA	87,300	49.60	40	6
65	-	David Burgio	59M	Berea,KY USA	87,250	49.57	41	6
66	-	Kareena King	28F	Des Moines,WA USA	83,850	47.64	25	1
67	-	Randy Biggs	39M	Lake Charles,LA USA	83,300	47.33	42	7
68	-	Raymond Allen	76M	Central Point,OR USA	83,100	47.22	43	3
69	-	Victor Buehler	48M	Reddick,FL USA	80,300	45.63	44	6
70	-	Roger Kehrt	30M	Lexington,KY USA	80,100	45.51	45	4
71	-	Meegan Wilson	54F	Gainesville,FL USA	80,025	45.47	26	8
72	-	James Brent	48M	Oak Ridge,TN USA	79,330	45.07	46	7
73	-	Bridget Walsh	48F	Anchorage,AK USA	77,750	44.18	27	5
74	-	Danny Miller	41M	Lake Charles,LA USA	75,000	42.61	47	7
75	-	Sarah Cowden	40F	Lexington,KY USA	74,900	42.56	28	5
76	-	Vicki Hedrick	37F	Somis,CA USA	73,600	41.82	29	5
77	-	Pat Dempsey	73F	Mapleton,IL USA	72,950	41.45	30	2
78	-	Gene Gilmer	74M	Smithtown,NY USA	72,600	41.25	48	1
79	-	Philip Cuff	43M	Lindenhurst,NY USA	72,435	41.16	49	8
80	-	Richard Peterson	55M	Menlo Park,CA USA	71,810	40.80	50	7
81	-	Mullet MacIntyre	51M	Atlanta,GA USA	71,750	40.77	51	6
82	-	Anne Long	61F	Menlo Park,CA USA	71,300	40.51	31	3
83	-	Al Humphrey	43M	Emerald Hills,CA USA	70,300	39.94	52	9
84	-	Kennedy Price	30M	Tigard,OR USA	70,000	39.77	53	5
85	-	Jane Scott	40F	Austin,TX USA	68,100	38.69	32	6
86	-	Fran Justinger	51F	West Bend,WI USA	67,300	38.24	33	9

87 -	David Radcliff	68M	Hillsboro,OR USA	67,100	38.13	54	3
88 -	Karen Hamill	30F	Burlingame,CA USA	65,150	37.02	34	1
89 -	Kristina Riddle	54F	Beaverton,OR USA	64,600	36.70	35	10
90 -	Alan Olsen	46M	Wantagh,NY USA	64,460	36.63	55	8
91 -	Keith Uebele	41M	Portland,OR USA	64,275	36.52	56	10
92 -	Grayson Marshall	60M	Larkspur,CA USA	64,250	36.51	57	5
93 -	Chris Gaarder	38M	Portland,OR USA	64,083	36.41	58	8
94 -	Mark Hagen	45M	Rochester,MN USA	63,100	35.85	59	9
95 -	Patricia Bieze	59F	Portland,OR USA	61,820	35.13	36	2
96 -	William Greeley	56M	Golden,CO USA	61,500	34.94	60	8
97 -	Lillie Thompson	61F	Austin,TX USA	60,580	34.42	37	4
98 -	Jeannette Rein	46F	Singleton,W.A. Australia	60,363	34.30	38	6
99 -	Mary Gray	45F	Mantorville,MN USA	60,100	34.15	39	7
100 -	Helen Holmes	68F	Brisbane,QLD Australia	59,065	33.56	40	1
101 -	Michelle Trujillo	28F	Antelope,CA USA	58,775	33.39	41	2
102 -	Darlene Staley	53F	Beaverton,OR USA	58,600	33.30	42	11
103 -	Susan Kirk	42F	Califon,NJ USA	58,400	33.18	43	7
104 -	Lisa Guiffrida	43F	Antelope,CA USA	58,075	33.00	44	8
105 -	Daniel Paz	20M	Lexington,KY USA	58,050	32.98	61	2
106 -	Linda Bamford	49F	Oxnard,CA USA	57,200	32.50	45	8
107 -	Steve Justinger	50M	Madison,WI USA	56,800	32.27	62	7
108 -	Stanley Jacobs	74M	Brisbane,QLD Australia	56,720	32.23	63	2
109 -	Suzie Roseff	57F	Terre Haute,IN USA	56,600	32.16	46	3
110 -	Marcella Ross	42F	McMinnville,OR USA	56,000	31.82	47	9
111 -	Betty Dunn	78F	Brockport,NY USA	55,500	31.53	48	1
111 -	Lizabeth Fuller	50F	Beaverton,OR USA	55,500	31.53	48	12
113 -	Douglas Morse	41M	Hillsboro,OR USA	55,000	31.25	64	11
114 -	Ernest Emmett	80M	Glendale,NSW Australia	54,825	31.15	65	2
115 -	Barbara Lehane	23F	Wauconda,IL USA	54,000	30.68	50	2
115 -	Rick Nelson	56M	Granite Bay,CA USA	54,000	30.68	66	9
117 -	Vern Puchalski	43M	Tualatin,OR USA	53,500	30.40	67	12
118 -	Susan Bradley-Cox	65F	Lexington,KY USA	53,350	30.31	51	2
119 -	Neil Shepherd	43M	Lake Oswego,OR USA	53,000	30.11	68	13
120 -	Lisa Knepper	47F	Terre Haute,IN USA	52,650	29.91	52	9
121 -	Nancy Kelley	64F	Rocklin,CA USA	52,450	29.80	53	5
122 -	Richard Trivett	54M	Rocklin,CA USA	51,700	29.38	69	8
123 -	Mary Jane Peterson	62F	Fillmore,UT USA	51,595	29.32	54	6
124 -	Roman Piper	43M	Richland,WA USA	50,600	28.75	70	14
125 -	Pamela Schultz	41F	Wheat Ridge,CO USA	50,450	28.66	55	10
126 -	Marion Chadwick	81F	Mercer Island,WA USA	50,400	28.64	56	1
127 -	Karin Engelsingjerd	38F	Lakewood,CO USA	50,250	28.55	57	6
128 -	George Nelson	57M	Kirkwood,MO USA	49,486	28.12	71	10
129 -	Gwen Gustafson-	41F	Goshen,IN USA	49,400	28.07	58	11
130 -	Mike Bridges	55M	Ventura,CA USA	49,200	27.95	72	11
131 -	Barbara Nichols	71F	Loomis,CA USA	48,750	27.70	59	3

132 -	Linda Crowe	55F	Marshall,IL USA	48,688	27.66	60	4
133 -	Mary Pat Henehan	60F	St. Louis,MO USA	48,650	27.64	61	7
134 -	Bessie Neff	87F	Sunbury,PA USA	48,250	27.41	62	1
135 -	Rich Minter	50M	Hillsboro,OR USA	48,175	27.37	73	9
136 -	Joanne Wainwright	47F	Soldotna,AK USA	48,100	27.33	63	10
137 -	Pat Butts	73F	Terre Haute,IN USA	46,639	26.50	64	4
138 -	Kris Anderson	49M	Granite Bay,CA USA	46,600	26.48	74	10
138 -	Janice Kregor	46F	Lexington,KY USA	46,600	26.48	65	11
140 -	Dennis Hamilton	56M	Lexington,KY USA	46,050	26.16	75	12
141 -	Alison Moore	32F	Hillsboro,OR USA	45,500	25.85	66	2
142 -	Thomas Weber	72M	Williamsville,NY USA	44,350	25.20	76	3
143 -	Ginny Ross	43F	Portland,OR USA	43,900	24.94	67	12
144 -	Alice Cocke	64F	Rocklin,CA USA	43,650	24.80	68	8
145 -	Thomas Hinds	55M	Solana Beach,CA USA	43,100	24.49	77	13
146 -	Marjorie Brill	72F	Terre Haute,IN USA	42,750	24.29	69	5
147 -	TR Johnson	80M	Costa Mesa,CA USA	42,450	24.12	78	3
148 -	Gary Wallis	49M	Beaverton,OR USA	42,400	24.09	79	11
149 -	Ronald Johannsen	60M	Rochester,MN USA	42,100	23.92	80	6
150 -	Tricia Calvert	45F	Lexington,KY USA	41,100	23.35	70	12
151 -	Ron Davis	62M	Newberry,FL USA	40,100	22.78	81	7
152 -	Claire O'Brien	64F	Hingham,MA USA	40,060	22.76	71	9
153 -	Margaret Wells	76F	Salem,OR USA	39,700	22.56	72	2
154 -	Mimi Ward	44F	Shelbyville,KY USA	39,150	22.24	73	13
155 -	Susan Albright	47F	Portland,OR USA	38,950	22.13	74	13
156 -	Cynthia Rosik	70F	Grants Pass,OR USA	38,150	21.68	75	6
157 -	Martha McMahan	46F	Woolford,MD USA	37,800	21.48	76	14
158 -	David Biener	48M	Levittown,NY USA	37,180	21.13	82	12
159 -	Kathleen Morris	34F	Seattle,WA USA	36,200	20.57	77	3
160 -	Anna Nelson	48F	Granite Bay,CA USA	36,100	20.51	78	15
161 -	Anne Bruflat	42F	Roseville,CA USA	36,050	20.48	79	14
162 -	Betty Harris	68F	Soldatna,AK USA	36,025	20.47	80	3
163 -	Peter Turner	43M	Melbourne,FL USA	36,000	20.45	83	15
164 -	Tracy Elton	53F	Lexington,KY USA	35,280	20.05	81	13
164 -	Jane Cobos	57F	Bryan,TX USA	35,200	20.00	82	5
166 -	John Murphy	74M	Massapequa Park,NY	35,145	19.97	84	4
167 -	Lois Madsen	70F	Crystal Lake,IL USA	35,000	19.89	83	7
168 -	L. Gene Crossett	89M	Seattle,WA USA	34,900	19.83	85	1
169 -	Donna Hammock	50F	Round Rock,TX USA	34,750	19.74	84	14
170 -	Lisa Aepfelbacher	46F	Portland,OR USA	34,430	19.56	85	16
171 -	Suzanne Shea	50F	Juneau,AK USA	34,350	19.52	86	15
172 -	Nancy Booth	62F	Crystal Lake,IL USA	34,200	19.43	87	10
173 -	Kathy Holter	51F	South Park,PA USA	34,000	19.32	88	16
174 -	Merrill Hilf	42F	Philadelphia,PA USA	33,950	19.29	89	15
175 -	Kelley Miller	24F	Lexington,KY USA	33,900	19.26	90	3
176 -	Brian Jackson	50M	Lexington,KY USA	33,750	19.18	86	10

177 -	Elliot Kephart	60M	Federal Way,WA USA	33,450	19.01	87	8
178 -	Judy Williams	54F	Seattle,WA USA	33,225	18.88	91	17
179 -	Darby Sitter	59F	Portland,OR USA	32,875	18.68	92	6
180 -	Amy Johnson	61F	Buffalo,NY USA	32,810	18.64	93	11
181 -	Kathleen Hughes	75F	Portland,OR USA	32,050	18.21	94	3
182 -	Linda Wainio	49F	Maplewood,MN USA	31,900	18.13	95	17
183 -	Edward Borella	52M	Massapequa Park,NY	31,641	17.98	88	11
184 -	Anicia Criscione	29F	Corvallis,OR USA	31,528	17.91	96	3
185 -	Carolyn Placke	39F	Philadelphia,PA USA	30,800	17.50	97	7
186 -	Clint Brown	34M	Rocklin,CA USA	30,600	17.39	89	6
187 -	Lisa Dickens	38F	Lexington,KY USA	30,350	17.24	98	8
188 -	Jan Jeddelloh	47F	Portland,OR USA	30,300	17.22	99	18
189 -	Terri Cummings	48F	Fillmore,UT USA	28,837	16.38	100	19
190 -	Jodi Stebbins	34F	Snohomish,WA USA	28,600	16.25	101	4
191 -	Margaret Shaw	38F	Austin,TX USA	28,200	16.02	102	9
192 -	Arthur Simuro	40M	Plainview,NY USA	28,000	15.91	90	16
192 -	Mary Ann King	64F	Granite Bay,CA USA	28,000	15.91	103	12
194 -	Michael Mullin	28M	Pottstown,PA USA	27,725	15.75	91	1
195 -	Alice Biggs	78F	Massapequa,NY USA	27,500	15.63	104	4
196 -	Clara Sotak	78F	Springfield,IL USA	26,904	15.29	105	5
197 -	Roger Brockenbrough	68M	Pittsburgh,PA USA	26,900	15.28	92	4
198 -	Joe Blocher	54M	Bristol,IN USA	26,550	15.09	93	12
199 -	George VanMeter Jr.	47M	Lexington,KY USA	26,000	14.77	94	13
200 -	Janet Olsen	66F	Loomis,CA USA	25,700	14.60	106	4
201 -	Jim Harris	69M	Soldotna,AK USA	25,625	14.56	95	5
202 -	Cyndi Johnson	48F	Pullman,WA USA	25,520	14.50	107	20
203 -	Robert Kalaf	67M	Brightwaters,NSW	25,510	14.49	96	6
204 -	Martha Winingler	45F	Terre Haute,IN USA	25,350	14.40	108	21
205 -	George Kellogg	51M	Rocklin,CA USA	24,150	13.72	97	13
206 -	Janet Scheeline	52F	Lexington,KY USA	23,500	13.35	109	18
207 -	Barry McEwen	55M	Gainesville,FL USA	23,300	13.24	98	14
208 -	Ruby Collins	63F	Lexington,KY USA	22,900	13.01	110	13
209 -	Pam Ogden	46F	Eau Claire,WI USA	22,800	12.95	111	22
210 -	Carol Alfieri	66F	Barrington,IL USA	20,950	11.90	112	5
211 -	Ruth Wilhelmy	76F	Annapolis,MD USA	20,000	11.36	113	6
212 -	Nina Moll	36F	Crystal Lake,IL USA	17,900	10.17	114	10
213 -	John Taylor	58M	Lexington,KY USA	16,400	9.32	99	15
214 -	Tim Murphy	33M	Lakewood,CO USA	16,200	9.20	100	7
215 -	Meg Smath	46F	Nicholasville,KY USA	15,000	8.52	115	23
216 -	Patricia Render	79F	Lexington,KY USA	14,875	8.45	116	7
217 -	Sue Thompson	43F	Terre Haute,IN USA	14,827	8.42	117	16
218 -	Michael Carpenter	37M	Rockport,IN USA	14,500	8.24	101	9
219 -	Sally Stokes	75F	Terre Haute,IN USA	14,350	8.15	118	8
220 -	Nancy Lawrence	80F	Sequim,WA USA	13,200	7.50	119	2
221 -	Joyce Douglas	44F	Juneau,AK USA	12,200	6.93	120	17

222 -	Elfie Stevenin	81F	Salem,OR USA	12,000	6.82	121	3
223 -	James Wagner	52M	Fox River Grove,IL USA	11,264	6.40	102	14
224 -	Janice McLean	44F	Juneau,AK USA	10,600	6.02	122	18
225 -	Beulah Morphew	83F	Terre Haute,IN USA	10,373	5.89	123	4
226 -	Melissa King	34F	Lexington,KY USA	9,975	5.67	124	5
227 -	Mike Sweeney	52M	Soldotna,AK USA	9,550	5.43	103	15
228 -	Charles Costigan	80M	Ranway,NJ USA	9,000	5.11	104	4
229 -	Pamela Miller	58F	Michigan City,IN USA	6,000	3.41	125	7
230 -	Dorthea Clayton	90F	Muncie,IN USA	3,900	2.22	126	1
231 -	Robert Haynie	63M	Collierville,TN USA	3,250	1.85	105	9
232 -	Ed Kellner	88M	Helena,MT USA	150	0.09	106	2

Overall Results: Days

<i>Name</i>	<i>Age/Gender</i>	<i>City</i>	<i>Days</i>
James Begly	42M	Goshen,IN USA	28
James Brent	48M	Oak Ridge,TN USA	28
Marion Chadwick	81F	Mercer Island,WA USA	28
Ed Cook	50M	W. Terre Haute,IN USA	28
Vallan Corbett	55F	Baton Rouge,LA USA	28
Carlita "Lee" Durand	64F	San Diego,CA USA	28
David Escobar	47M	Santa Barbara,CA USA	28
Jose Gonzalez-Jauregui	63M	Salisbury,MA USA	28
Bernard Hale	34M	Oakland,CA USA	28
Vince Herring	60M	Rochester,MN USA	28
Robert Higley	37M	Bend,OR USA	28
Timur Kiykioglu	36M	Portland,OR USA	28
Dave Leonard	43M	Goshen,IN USA	28
Sally Marshall	54F	Larkspur,CA USA	28
Grayson Marshall	60M	Larkspur,CA USA	28
Jim McConica	52M	Ventura,CA USA	28
Marco Morescalchi	35M	Beaverton,OR USA	28
Michael Mullin	28M	Pottstown,PA USA	28
Ian Redpath	78M	Runaway bay,QLD Australia	28
Karen Rippon	52F	Richland,WA USA	28
Jon Schieltz	64M	Beaverton,OR USA	28
Anne Schmidt	36F	Portland,OR USA	28
Peter Shepherd	36M	San Jose,CA USA	28
Rosanna Sikora	47F	Morgantown,WV USA	28
Donn Spilman	45M	Goshen,IN USA	28
Jani Sutherland	53F	Bend,OR USA	28
Jeanne Teisher	51F	Beaverton,OR USA	28
Jim Teisher	53M	Beaverton,OR USA	28
Thomas Hetzel	67M	Corpus Christi,TX USA	27
Patrick Cecil	48M	Portland,OR USA	26
Harold Derks	75M	Grand Rapids,MI USA	25
Chyle Edic	36M	Beaverton,OR USA	25
William Greeley	56M	Golden,CO USA	25
Ellen Hall	51F	Harahan,IA USA	25
Paul Ikeda	43M	Seattle,WA USA	25
Linda Bamford	49F	Oxnard,CA USA	24
Patricia Bieze	59F	Portland,OR USA	24
Kareena King	28F	Des Moines,WA USA	24
Andrew Grannell	55M	Gambrills,MD USA	23
Mary Jane Peterson	62F	Fillmore,UT USA	23
Kristina Riddle	54F	Beaverton,OR USA	22
L. Gene Crossett	89M	Seattle,WA USA	21
Suzanne Shea	50F	Juneau,AK USA	21
Stanley Jacobs	74M	Brisbane,QLD Australia	20
Nancy Kelley	64F	Rocklin,CA USA	20
David Radcliff	68M	Hillsboro,OR USA	20
Neil Shepherd	43M	Lake Oswego,OR USA	20
Lois Madsen	70F	Crystal Lake,IL USA	19
Lizbeth Fuller	50F	Beaverton,OR USA	18
Kennedy Price	30M	Tigard,OR USA	18
Keith Uebele	41M	Portland,OR USA	18

Joyce Douglas	44F	Juneau,AK USA	17
Cyndi Johnson	48F	Pullman,WA USA	17
Douglas Morse	41M	Hillsboro,OR USA	17
Lisa Aepfelbacher	46F	Portland,OR USA	16
Terri Cummings	48F	Fillmore,UT USA	16
Darby Sitter	59F	Portland,OR USA	16
Darlene Staley	53F	Beaverton,OR USA	16
Jan Jeddloh	47F	Portland,OR USA	15
Alison Moore	32F	Hillsboro,OR USA	15
Rich Minter	50M	Hillsboro,OR USA	14
Ginny Ross	43F	Portland,OR USA	14
Sue Thompson	43F	Terre Haute,IN USA	14
Gary Wallis	49M	Beaverton,OR USA	14
Donna Hammock	50F	Round Rock,TX USA	13
Kathleen Hughes	75F	Portland,OR USA	12
Susan Albright	47F	Portland,OR USA	11
Melissa Geist	36F	Buffalo Valley,TN USA	11
Peggy Cox	66F	Terre Haute,IN USA	10
Janet Olsen	66F	Loomis,CA USA	10