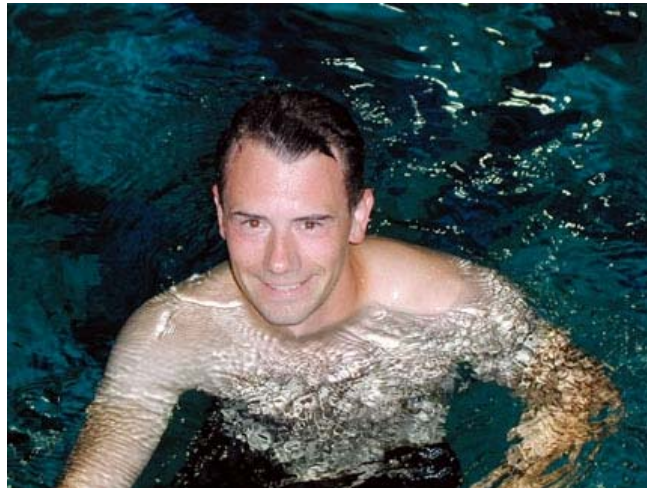




## BARRACUDA BULLETIN

### BARRACUDA SWIMMER PROFILE



CLINT WALKER

Clint Walker became a Barracuda in May of this year, and swam the 2,000 meter course at Hagg Lake on June 12<sup>th</sup>! He's a triathlete who has competed recently in Hagg Lake and Hawthorn Farm triathlons. Like many triathletes, he realized that his swimming component needed improving. He began to work on it by attending lap swimming at the 50 meter pool where he picked up a brochure about the Barracudas and decided that the coached workouts would be of greater benefit than lap swimming on his own. That turned out to be a good decision. Under Coach Jon's tutelage he acquitted himself quite well in the 2,000 meter swim at Hagg Lake.

Clint was on his high school's swim team, swimming 50 and 100 freestyle events, but only for one semester. His freestyle remains his primary stroke, which he aims to work on, but also, he wants to improve his breaststroke and to learn butterfly and back strokes. Even though he had to take leave of swimming in September, he's returning to morning workouts in October. He's clearly a quick study, so it shouldn't be long until he has all four strokes mastered and signs up for the pentathlon.

The high school where Clint swam has the colorful Alaskan name Chugiak. It's located near Eagle Run about ten miles outside Anchorage. That's where he grew up and where his parents and sister still live. He says he misses Alaska and would like to visit more often than he has done since leaving home for college at Montana State University in Bozeman, graduating with a degree in electrical engineering in 1997. After working in New Mexico and Washington, he came to Oregon for a job with Intel in Hillsboro. Now married, he's the father of a two year old son plus a baby girl due to arrive in January.

As to be expected, Clint puts in as much time as possible cycling and running. Also, while his swimming is being perfected, he's enjoying another kind of pool time--playing with Jonny, his little boy. Jonny loves the water and is already enrolled in a water safety program at Le Petit Dolphin. So one of these days, he may be giving his father stiff competition.

PATRIOT GAMES RESULTS, CAMAS WASHINGTON, SEPTEMBER 11, 2005



Kevin Cleary relaxing before his record setting swim.

Eleven Baracuda Swimmers competed in the Patriot Games and several set records. Kevin Cleary, Elfie Stevenin and Dave Radcliff all had record setting times.

**Moore, Allison, 35**

2 <sup>nd</sup> 50 SC Meter Freestyle	35.51
2 <sup>nd</sup> 50 SC Meter Backstroke	42.88
2 <sup>nd</sup> 50 SC Meter Breaststroke	45.49
1 <sup>st</sup> 50 SC Meter Butterfly	38.31
1 <sup>st</sup> 100 SC Meter IM	1:25.21

**Frid, Barbara, 63**

1 <sup>st</sup> 50 SC Meter Freestyle	35.98
2 <sup>nd</sup> 50 SC Meter Backstroke	43.51
1 <sup>st</sup> 50 SC Meter Breaststroke	46.69
2 <sup>nd</sup> 50 SC Meter Butterfly	38.92
1 <sup>st</sup> 100 SC Meter IM	1:30.79

**Stevenin, Elfie, 84**

1 <sup>st</sup> 50 SC Meter Freestyle	1:42.04
1 <sup>st</sup> 50 SC Meter Backstroke	1:41.44
1 <sup>st</sup> 50 SC Meter Breaststroke	2:26.20
1 <sup>st</sup> 50 SC Meter Butterfly	2:29.49
1 <sup>st</sup> 100 SC Meter IM	4:26.18

**Cleary, Kevin, 22**

1 <sup>st</sup> 50 SC Meter Freestyle	28.36
1 <sup>st</sup> 50 SC Meter Backstroke	35.81
1 <sup>st</sup> 50 SC Meter Breaststroke	38.69
1 <sup>st</sup> 50 SC Meter Butterfly	31.01
1 <sup>st</sup> 100 SC Meter IM	1:12.91

**Karyukin, Andrei, 40**

8 <sup>th</sup> 50 SC Meter Freestyle	32.82
8 <sup>th</sup> 50 SC Meter Backstroke	39.78
5 <sup>th</sup> 50 SC Meter Breaststroke	41.51
7 <sup>th</sup> 50 SC Meter Butterfly	33.72
7 <sup>th</sup> 100 SC Meter IM	1:20.31

**Mihro, Charles, 41**

1 <sup>st</sup> 100 SC Meter Freestyle	1:01.37
1 <sup>st</sup> 100 SC Meter Breaststroke	1:19.49

**Yensen, Kermit, 52**

1 <sup>st</sup> 100 SC Meter Freestyle	1:05.04
2 <sup>nd</sup> 100 SC Meter Backstroke	1:21.59
2 <sup>nd</sup> 100 SC Meter Breaststroke	1:32.87
1 <sup>st</sup> 100 SC Meter Butterfly	1:12.34
1 <sup>st</sup> 200 SC Meter IM	2:47.06

**Cronin, Jed, 57**

1 <sup>st</sup> 50 SC Meter Freestyle	29.59
1 <sup>st</sup> 50 SC Meter Backstroke	36.99
1 <sup>st</sup> 50 SC Meter Breaststroke	44.16
1 <sup>st</sup> 50 SC Meter Butterfly	33.17
1 <sup>st</sup> 100 SC Meter IM	1:20.62

**Simpkins, Curt, 55**

2 <sup>nd</sup> 50 SC Meter Freestyle	37.52
2 <sup>nd</sup> 50 SC Meter Breaststroke	50.41
2 <sup>nd</sup> 50 SC Meter Butterfly	44.69

**Reuff, Daniel, 58**

1 <sup>st</sup> 100 SC Meter Freestyle	1:10.04
1 <sup>st</sup> 100 SC Meter Backstroke	1:27.48
1 <sup>st</sup> 100 SC Meter Breaststroke	1:36.43
1 <sup>st</sup> 100 SC Meter Butterfly	1:25.11
1 <sup>st</sup> 200 SC Meter IM	2:57.39

**Radcliffe, Dave, 71**

1 <sup>st</sup> 100 SC Meter Freestyle	1:07.06
1 <sup>st</sup> 100 SC Meter Backstroke	1:36.75
1 <sup>st</sup> 100 SC Meter Breaststroke	1:37.90
1 <sup>st</sup> 100 SC Meter Butterfly	1:34.50
1 <sup>st</sup> 200 SC Meter IM	3:08.80

**Membership Chair Report – October 2005****Welcome New Barracudas!**

Please welcome our seven new fish in the pond from the summer catch. We are pleased to see the continued interest of new swimmers in our club. (We need some new stories to listen to between sets!) Try not to run over them too many times the first week. And if they run over you, send them to the next lane. And if they are already in the lane with Kennedy, Curtiss, Nathan, Dave, Craig, Jennifer and the rest of the fast crowd – Awesome! They need a little competition up there.

So say 'hi' to:

BRIAN CASEY  
 LAURA CHAMPION  
 CURTIS SIMPKINS  
 MARCELO SILVA  
 EDDIE CULLEN  
 LAURA GRAMANN PORTER  
 SUSIE YOUNG

**THB OCTOBER BIRTHDAYS**

October 5	Pam Head, 54
October 11	Matt Browning, 33
October 12	Anna Casey, 29
October 16	Jed Cronin, 57
October 17	Nolan Casey, 30
October 18	Mary Crowe, 58
October 20	Christopher Cox, 44
October 21	Wendie Kellington, 48
October 22	Jan Jeddelloh, 50
October 29	Carol Cruzan, 43
October 31	Jeanne Teisher, 54

## Fall Activities Fair Video Session and Table Display A Success!

By Jim Butler

The Barracudas participated in the THPRD Fall Activities Fair in the Aquatic Center on September 25 in two ways.

Coach Laurie Kilbourn and her husband ran a free video swimming analysis for anyone who wanted to try it from 12:30 to 1:30 and eleven swimmers took them up on the offer! Some even on their own initiative. Others ended up under the camera just due to the fact Laurie spotted them swimming in the lap swim lanes and knew them. Now that's the kind of aggressive recruiting the membership chair likes to see!

Yours truly set up and manned the display table in the classroom from 12:00 to 4:00. Turnout was good with people of all ages stopping by. Some were old Barracuda friends who are looking at joining us again. Others were small fry just stopping to get their passports stamped so they could enter the door prize drawing. But they learned it was not quite so easy! First they had to tell me how old they needed to be before they could be a Master Swimmer. And, of course, most of them had to ask their parents, which meant their parents had to actually take a look at what was going on at the display. That led to several of them leaving with brochures, looking at the records pamphlet on the table, and asking some very unusual questions and comments. For example:

"This is for men only, right?"  
answer: Ouch!!!

"Do you have to be able to swim to join?"

answer: Helpful but not required. Especially at the social events.

"Do you have to compete?"

answer: "Yes, for lane space in the mornings."

From a young mother:

"I used to swim next to you guys in the mornings. That's way too early for adults!"

Question to a six year old girl: "Do you think you will still be swimming when you are 50 years old?"

Answer: "I can't swim now,"

From a 10 year old girl: "Aren't you Richard's dad?"

Answer: "It depends. Why do you want to know?"

From a gentleman 4 months from retiring, and returning to us then: "Hey, the club record I set in 1981 is still there! But we didn't keep any records in 1981. Who told?"

Most popular question: "What's this all about?"

Most popular answer: "After you are done swimming with them [pointing at the Thunderbolt table] you come swim with us for the rest of your life."

In short, it was a fun and successful afternoon for all.

**Record Smashing Season!!! 102 New Club Records Since 9/1/2004!**

**By Membership Chair Jim Butler**

After bragging on the record setting season of the Thunderbolts, I thought I would just take a peek at how the Barracudas did in the last year. Well, the initial peek revealed a few new records not yet recorded, so I started digging into results since 9/1/2004. Ohh boy, that did that reveal some surprises! Barracudas are known for their speed and they proved it in 2004 – 2005 with 102 new club records! That outdid the Thunderbolts by 1 record. But of course, we track just a few more than they do, over 530 in fact! On the other hand, one of ours was also a world record by Dave Radcliff, which has to count extra. And we also stuffed a bunch of Zone records.

The new updates are being put on the website by Sean. It may take awhile, so be patient! But if anyone would like to have a copy of the 'official' file I am maintaining in a word document, drop me an email and I'll send one to you. [jamesbutler@comcast.net](mailto:jamesbutler@comcast.net). A word of caution. It is full of formatted tables and 30 pages long so it takes up a hefty 1.25 meg of file space! I have also left a hardcopy with Coach Jon Clark to review and utilize to help encourage potential record breakers to go for it! I can also break the big file into 3 separate ones for SCY, SCM and LCM and send just the records that apply to a specific meet out to interested participants and coaches.

Some of the highlights of the record season were pretty amazing. There were a couple of 25 year old records broken. (And one of the differences between us and the Thunderbolts is our swimmers were still older than the records. Substantial older in some cases.) At the other end of the spectrum, we had a couple of records that were broken twice in the same meet. We had young swimmers breaking records, like Trista Hedlind, Jennifer Alden and Nathan Johnsen. (Yeah, kids. You are YOUNG! Oh, Nathan, I'll admit some of your former young Thunderbolt teammates believe you are old. But what'd they know about it!) And we had some less young swimmers smashing records like Dave Radcliff and Elfie Stevenin. In fact, Dave racked up 15 individual and helped on 2 relay record swims in the 70-74 group while Elfie added 4 more to her already impressive list in the 80-84 group. That 50-59 crowd was the most competitive though with Jed Cronin, Daniel Rueff, Kermit Yensen, Jon Stout, Roy Lambert, Gary Wallis and Darlene Staley all breaking records, sometimes each others', sometimes in the same meet!

The single most impressive record is an easy pick this year. 2:28.48 200 LCM for a club and world record by Dave Radcliff. And Dave has to get the title of Mr. Barracuda Record Holder since he now has every free style record in 3 age groups and even a few in other strokes. (Think back stroke, Dave. Don't see any of those yet!) And the hottest relay team was a SCY 200 free in 1:31.70 by S. Swain, N. Johnsen, K. Kibler, C. Taylor. (18+ ????. Some real dreamers on that team!! We need to recruit you some new kids to play with, Nathan.)

**Why not go for a club record?**

So you think you need to be a world class swimmer to set a club record? Well, if you're up against David Radcliff, yes, but there are a couple of records he doesn't hold. In fact, there are still a lot of records no one holds yet, especially in the relays. So check the record sheet before you enter a meet, swim your best, get a record! It counts and no matter what happens down the road, you can tell your kids/grandkids/co-workers you were once a RECORD SETTING SWIMMER! Cool. Oh, and if it is a relay not yet listed, turn it in and I'll add it to the list. Oh, and find 3 really fast swimmers to make you look good since I don't list the splits!

Tualatin Hills Barracudas  
15707 SW Walker Road  
Beaverton, OR 97006

*Masters Swimming since 1981*

### **Pool Meets**

October 19        Freestyle Pentathlon + Relays, Redmond, OR.  
November 19-20    NW Zone SCM Championships, Portland, OR.  
January 21        Animal Meet, Canby, OR.  
April 21-23        SCY Association Meet, Corvallis, OR.

### **Postal Championships**

September 15 - Nov. 15

### **Web resources**

Tualatin Hills Barracudas <http://www.barracudas.org>  
Oregon Masters Swimming <http://www.swimoregon.org>  
United States Masters Swimming <http://www.usms.org>