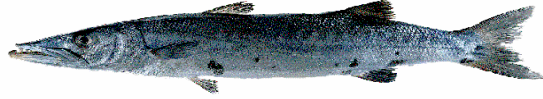


# BARRACUDA BULLETIN



Volume 5 Issue 1

January 1, 2005



February Fitness Pasta Party  
January 29th 6:30 PM  
Jim & Jeanne Teisher's House

Come join fellow Barracudas for an evening of “carbo loading” and “psych up” for the FFC which starts February 1. Pasta, salad, and bread are provided. You just bring what you would like to drink and an idea of what you are willing to commit to swim in the month of February. The February Fitness Challenge, also known as FFC, is a postal event that the Barracudas put on each year. People from all over the world enter this event. Because you are a Barracuda, the event is free for you to enter. You can commit to so many swimming days for the month or you can commit to a certain number of yards for the month. It is unbelievable how many yards some people will swim for this event.

Jim and Jeanne Teisher  
7305 SW Hyland Ct.  
Beaverton, OR 97008  
(503) 574-4557

#### Directions to House from Hwy 217:

- Exit Denney
- Head west (away from Portland) on Denney
- At stop light, turn left on Hall Blvd.
- At stop light, turn right on Hart
- At stop sign, turn right on Sorrento, go  $\frac{3}{4}$  of the way around island until you are back on Hart
- At stop sign, turn left on Hyland Way
- Turn right on Hyland Court at first street to the right
- Our house is at the end of the cul-de-sac

#### Directions to House from Hwy 26 (Sunset Hwy)

- Exit Murray
  - Head south (past TV Hwy, Farmington, and Allen Blvd.) a few miles
  - At Hart, turn left (there's a stop light)
  - Go over a few speed bumps until you get to Hyland Way
  - Turn right on Hyland Way
  - Turn right on Hyland Court, first street to the right
- Our house is at the end of the cul-de-sac

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## Message from the President

Happy New Year!

It's time for the State of the THB report.

Overall, things are going well, the number of active swimmers is growing and we have several activities planned and in the works for this coming year.

THB swimmers are enjoying workouts and assistance from our superb coaching staff.

The THB Board and Committee Chairs are active and working with the coaches and members to continue our traditional activities and bring some new things to the team. Come check it out at our monthly meetings! Be sure to contact one of the THB Committee Chairs to become part of a THB activity early this year.

So, where's Murphy?

Due to our expanded services and rising costs we are close to holding even with coaching fees vs. costs to operate the THB. (Close but not quite there.) We will need a few more swimmers and/or some alternative revenues to maintain the current level of services we are enjoying. The THB board is actively pursuing some alternate revenue in the form of sponsorships from local businesses. Ideas? Let's hear it!

We currently have a THB administration that is a balance of long time contributors along with members new to this service. There are some positions that will need to be filled this year. Currently our Meet Director and Membership Chair, Rachel Skoss, is doing a great job with these two substantial positions. Sadly for us who swim and work with Rachel, she will be leaving late this year. There is an opportunity for a couple of members to work with Rachel this year and check out the positions to see if you would like to step in next year. Knowing Rachel, it will be an enjoyable and exciting experience!

An offer that would be hard to refuse: Darlene Staley has produced our Super, Attractive, Informative, Fun, and Professional Newsletter for several years. Darlene wants to work with someone that would be willing to take this duty in the future. If you would be interested in learning about, assisting or taking the THB Newsletter Editor position, contact Darlene or come to our board meeting and join in.

We currently have a great group of people bringing the THB our traditional and new activities. Come join us this year! There is always room at the party.

Rich

## A reminder from the membership chair...

Don't forget to renew your membership to the Barracudas if you haven't already done so. See the form in this newsletter, or go online at: <http://www.barracudas.org/Forms/THBregistration.pdf>

Think of all the great things we've got coming up – the possibility to see people flying down a snow-covered slope with little or no control, the annual gorging of pasta prior to the February fitness challenge (together with outrageous claims of anticipated yardage), the pentathlon meet (as a competitor or volunteer!!), and of course, the opportunity for the Barracudas to reclaim the mantle of the best masters swim team in Oregon. (Re)Join now! Be a part of it.



## January Birthdays

ANDREW DICKSON	15th	34
DOUGLAS MORSE	22nd	43
NANCY RADCLIFF	30th	65

Between the Lane Lines  
The full scoop and then some.



\*Noon swimmer Maria Luehmann is expecting a baby in late March. Congratulations.

\*Alison Moore is expecting a baby Barracuda boy soon.

\*Tonie Drew hopes to return to the Barracuda's soon.

\* Rachel Skoss is planning to swim 300,000 yards for the FFC.

\* Kennedy will be going 300,001 yards in Feb.

\* Jim Teisher will not be outdone for sure so lets put him down for 350,000 yards. Go Jim!

## Be a Volunteer!

Several THB Board  
positions are  
Available

Newsletter Editor  
Records  
Webmaster

By the end of  
summer  
Meet Director  
And  
Membership

## A notice from the meet director...

The pentathlon meet is coming up on February 19. For those of you who want to swim it, entries are due by February 4. If you are not planning on swimming the event, please volunteer to help out in some capacity to make sure the meet runs smoothly. I'm also very happy to make use of significant others or children as volunteers! The more, the merrier. Thanks, Rachel

# Barracuda Bulletin

Tualatin Hills Barracudas  
15707 SW Walker Rd.  
Beaverton, OR 97006

*Master's Swimming since 1981*

## E V E N T S

### **Pool Meets**

Jan 22	Animal Meet, Canby
Feb 19	Pentathlon, Tualatin Hills
April 1-3	Associations Canby
April 8-10	Zones Federal Way
April 30	SCY, Hood River

### **Postal Events**

Jan. 1-Dec.31	USMS Virtual Swim Series
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### **Web Resources**

Tualatin Hills Barracudas <http://www.barracudas.org>  
Oregon Masters Swimming <http://www.swimoregon.org>  
United States Masters Swimming <http://www.usms.org>